

Good Shepherd Presbyterian Church

A Stephen Ministry Congregation A Member of the Virgin River Presbyterian Fellowship Serving Southern Utah since 1988 Partner Congregation to the Evangelical Baptist Church of Dorogobuzh, Russia



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Church Staff

The Rev. Dr. Ralph Clingan Pastor

> Dick Higgins Visitation Pastor

Ruth Ann Horvath Clerk of Session

Candy Hurlbut Susan Holecheck

Church Secretaries

Barbara McConnell Music Director

> Stephen Talley Organist

> George Linden Head Usher

> **Deborah Stone**

Prayer Chain

Chris Schleter Website / Newsletter Editor

Easter Season Comes to Good Shepherd

The season of Lent and our celebration of Easter are always busy times at Good Shepherd and 2019 will be no exception.

We will celebrate the Good Shepherd version of Mardi Gras on March 5th from 8:00 to 9:30 am with our annual Shrove Tuesday Breakfast.

Our observation of Lent begins on March 6th with our annual Ash Wednesday Services at 11:00 am and 7:00 pm in the Sanctuary.

As he did last year, Rev. Ralph will be leading a Bible Study on Monday evenings during Lent. The series will kick off on March 11th at 5:45 pm and will be held every Monday through April 15th. The topic this year is Lent based on Handel's Messiah.

On April 14th, Palm Sunday, Rev. Ralph and his team of men will serve us a hearty breakfast beginning at 8:30 am in Conklin Hall. This event is always well attended and we appreciate the efforts of all who provide food for us. Our service on Palm Sunday will be filled with music by our choirs.

On Maundy Thursday, April 18th, we will hold an Agape Dinner beginning at 6:00 pm in Conklin Hall. The lighting of oil lamps adds to the significance of this service.

The following day, Good Friday, will kick off at 10:00 am with the annual Procession of the Cross and close with an Ecumenical Service at 7:00 pm at New Promise Lutheran Church.

We will not have an early service or adult education on Easter Sunday, April 21st, so we can all prepare ourselves to celebrate our Risen Lord. After the service, we hope you will join us for Easter Brunch in Conklin Hall.

We hope you are able to attend as many of these events as your schedule permits.

With Easter Comes One Great Hour of Sharing

Of course, with Lent and Easter, come the annual One Great Hour of Sharing. Here is some history on this offering.

Following World War II, Protestant churches in the United States made appeals for the relief and reconstruction of devastated areas, primarily in Europe and Asia. In 1949 the leaders of several denominations formed a committee to organize an appeal to support their churches' separate campaigns. The next year, the offering was repeated, for the first time using the name "One Great Hour of Sharing."

The offering always has been an ecumenical effort; and, while each denomination allocates its gifts differently, all use their funds for ministries of disaster relief, refugee assistance, and development aid.

A radio program called "One Great Hour" was broadcast on March 26, 1949. The broadcast closed with a request that listeners attend church the following morning and make a sacrificial contribution. No exact measure of receipts was possible, but it was estimated that more than 75,000 churches participated.

One Great Hour of Sharing is one of our major church-wide offerings and does so much good for so many people. Please consider making a donation to this most worthwhile offering.

Prayer Concerns

Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it John 14:13-14

Norm Ramquist
Roger Kitzman
Joe Borden
Dottie Malcomson
Harold Wylie
Vickie Rudd
Doris Thomas
The Family of Alice Blair

Our sister congregation in Dorogobuzh, Russia Those Serving Our Country

Welcome New Members

Kathy Arganbright

If you are interested in joining our fellowship, please see Rev. Ralph or Session Clerk LaVerna Metzger

April Newsletter Deadline

March 23, 2019

Worship Schedule

8:45 – 9:00 am Morning Prayer and Communion Sanctuary

> 9:00 – 9:45 am Adult Education CE Building

10:30 am Children's Sunday School

CE Building 10:30 am

Worship Sanctuary

11:45 am Fellowship Time Conklin Hall

Ruling Elders Monthly Scriptures

Each month at our stated Session meetings, our Minister of Word and Sacrament and Ruling Elders are invited to share any scripture that has spoken to their hearts in the previous month as part of their report. Rev. Ralph encourages our congregation, as part of their prayer life for the congregation, our Session and Pastor, to review their selections and continue to uphold them and one another in prayer.

The scriptures for February were:

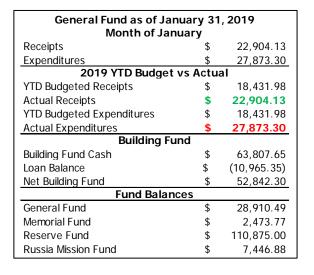
| Rev. Ralph | 1 Corinthians 13:1-13 | Love and community |
|------------------------------|-----------------------|---------------------|
| Elder LaVerna Metzger | Hebrews 4:4-16 | Saved by Grace |
| Elder Scott Florence | Ephesians 5:19-21 | Making music |
| Elder Gloria McGilloway | James 2:14-18 | Works and Faith |
| Elder Susan Holecheck | Isaiah 58:10-11 | Light shall rise |
| Elder Judy Oar | John 4:23-34 | Time is now |
| Elder Mary Contreras | Colossians 3:12-15 | Forgiveness |
| Elder Carolynn Thomas | Psalms 138:4-5 | Thanksgiving |
| Elder Bill Somplatsky-Jarman | Galatians 5:14 | Shall love as |
| Elder Eric Westland | 1 Timothy 1:12 | Faithfulness |
| Elder Jan Hirschi | Hebrews 10:25 | Love and good deeds |

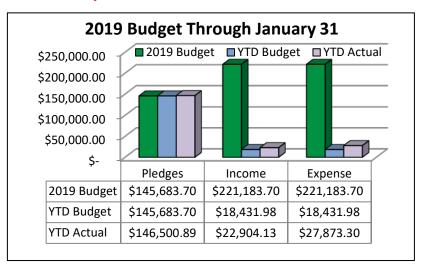
Thanks to our Volunteers

| | Flowers | Nursery | | |
|----------|-----------------------|-------------------------------------|--|--|
| March | | | | |
| March 3 | Ed & Cheryl Mansfield | Jennifer P | | |
| March 10 | Ed & Cheryl Mansfield | Donna Beasley | | |
| March 17 | Ed & Cheryl Mansfield | Cindy Clingan | | |
| March 24 | Ed & Cheryl Mansfield | Kim Rice | | |
| March 31 | Ed & Cheryl Mansfield | No Nursery – 5 th Sunday | | |
| April | | | | |
| April 7 | Ed & Cheryl Mansfield | Jennifer P | | |
| April 14 | Donna Baker | Donna Beasley | | |
| April 21 | Ed & Cheryl Mansfield | Cindy Clingan | | |
| April 28 | Charlotte Phipps | Kim Rice | | |

Signup for Flowers on the board between the Narthex and Conklin Hall or on our Website gspcsg.org

Treasurer's Report





Rev. Ralph's Food for Thought

Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. And He ate nothing during those days, and when they had ended, He became hungry. And the devil said to Him, "If You are the Son of God, tell this stone to become bread." And Jesus answered him, "It is written, 'Man shall not live on bread alone.'"

Luke 4:1-4 New American Standard Bible (NASB)



For much of the Christian world the church season of Lent will begin this month, on March 6th and end April 14th on Palm Sunday. In true Presbyterian fashion we begin our celebration with our annual Shrove Tuesday Breakfast at 8:00 am on March 5th and end with our Palm Sunday Breakfast at 8:30 am on April 14th.

You may not be aware that the season of Lent is one of the oldest traditions of the Christian Church, a season of 40 days, symbolic of Jesus forty days in the wilderness in spiritual preparation for his mission that comes to its fulfilment with the dawn of Resurrection Sunday, Easter Morning. Church seasons are primarily twofold in purpose, for our spiritual growth and education. Our time of preparation to hear again those wondrous words, "He is Risen, He is Risen indeed!", and experience the renewal of our own life, faith and hope, not only as individuals but as well as the body of Christ, His Church.

The question for us now as we approach this time is just "How?" While some traditions encourage a temporary sacrifice of something we love to eat or do, I tend to believe a far better approach is to add to our lives and routines some activity that will lead to growth, such as a Bible study or class, attending a service that you have not attended before and, of course, following those traditions and activities that lead you closer to Christ but as well closer to your brothers and sisters in the Lord.

Throughout this month's newsletter you will find many opportunities to do just that. I invite you to prayerfully look and see what different path or paths you may take through this year's journey of Lent. It is my hope and prayer you will be led to join with me on this journey of preparation and celebration.

In Christ's name, Rev. Ralph

What is Shrove Tuesday? Why Do We Eat Pancakes?

On March 5th, Rev. Ralph will be hosting a Shrove Tuesday breakfast. You might be wondering, just what is Shrove Tuesday and why do we always have pancakes? Shrove Tuesday occurs on the Tuesday before Ash Wednesday. It officially ends the season of Epiphany and is the vigil for the starting of Lent.

Shrove Tuesday originated during the Middle Ages when, as now, food items like meats, fats, eggs, milk, and fish were regarded as restricted during Lent. To keep such food from being wasted, many families would have big feasts on Shrove Tuesday in order to consume those items that would inevitably become spoiled during the next forty days. The English tradition of eating pancakes on Shrove Tuesday came about as a way to use as much milk, fats, and eggs as possible before Ash Wednesday began.

Rev. Ralph is asking for volunteers to man the kitchen at 7:30 on the morning of the 5th with breakfast being served from 8:00 to 9:30 am, followed by a brief worship service at 9:30 am. A free will offering of food items or money will be taken in support of local hunger causes.

** Home Communion **

If you have difficulty getting to worship and would like to have the Visitation Pastor or Pastor serve you the Lord's Supper at home, please call the church office (628-9158).

** Pastor's Note Regarding Hospital Visitation **

Please keep in mind that with the federal laws that went into force several years ago, hospitals are no longer allowed to give out any information regarding patients to visitors, including clergy. Unless a visitor requests a specific name, the hospital desk is not allowed to give out any information, including religious affiliation.

So, if you or a family member is hospitalized please alert the Pastor, your Deacon, or the church office. Otherwise, we will not be informed of your presence there and unable to assist or offer pastoral care.

Project to Improve Good Shepherd's Energy Efficiency Underway

After approximately 4 months of research, field inspections, and consultations with experts and vendors, the Building Committee recommended several energy saving modifications to our facilities. The following recommendations were approved by Session in February, along with a \$16,000 budget for implementing them:

- 1) Increase Attic Insulation to Achieve R-45: A physical survey of our facilities showed varying levels of attic insulation, ranging from R-10 to R-45. EnergyStar.Gov recommends insulation levels for our area of R-30 to R-60. The project will increase insulation levels to a uniform R-45 throughout our facilities. The net effect will reduce energy loss through our ceilings by 60%.
- 2) Increase Attic Ventilation to Achieve a 1/300 Ratio: Current attic ventilation is approximately 1 sq. ft. of ventilation surface area for every 800 sq. ft. of attic space (1/800). The International Building Code recommends a minimum of 1 sq. ft. ventilation (both intake and exhaust) for every 300 sq. ft. of attic (1/300). Additionally, our buildings have virtually no attic ventilation since separate intake and exhaust vents do not exist. The project will increase attic ventilation to the 1/300 standard by adding 52 roof tile vents, positioned to effectively ventilate all attic spaces
- 3) Joint Sealing for HVAC Duct Work: Current duct work is a mix of metal box ducting with unsealed joints and flexible hoses. The joints leak conditioned air directly to the attic space during operation of the air conditioners and furnaces, wasting energy. The project will seal the joints on approximately 560 linear feet of duct work, substantially reducing the loss of conditioned air to the environment.
- 4) Smart Thermostats: GSPC currently has 7 thermostats controlling 5 zones. Each thermostat has limited capability for programming, must be controlled locally, and does not log HVAC operating data. The project will install new "smart" thermostats that:
 - Can be programmed hourly/7-days per week,
 - Can be programmed to shift to "occupied" setpoints based on motion sensors,
 - Link to the Church's WiFi, and
 - Log operating data for future evaluation.
- The Building Committee intends to operate thermostats in the "motion sensor" mode Monday through Saturday. In this fashion, whenever people are present using our facilities the local HVAC system will respond with "occupied" setpoints. When people are not present, the HVAC system will automatically return to "unoccupied" setpoints. No adjustment of the individual thermostats by members of the congregation will be needed. On Sunday, the thermostats will operate in a detailed programmed sequence, to bring all facilities to "occupied" setpoints, while keeping electrical demand levels (cost) to a minimum.
- 6) Foam Seal Windows and Doors: A thermographic camera inspection of the Church exterior was performed which identified several minor air leaks along window and door frames. The project will seal these leaks using expanding foam insulation internal to the wall joints.
- 7) Repair HVAC Systems, as Issues Are Identified: Working within our attic spaces has revealed a number of "skeletons in the closet". Examples include; poor attic access for maintenance, damaged duct work, and faulty ventilation flow paths. The project will correct these issues, as encountered and within the overall project budget.

The engineering estimate for the energy savings associated with these modifications is approximately \$1,000 per year. Assuming a 3% inflation rate on energy costs, the project "pay-back" period is 12 – 13 years. Smart programming and data evaluation also offer additional savings in reduced electric demand costs and in lower future replacement costs for HVAC equipment.

The cost of the project is further reduced by approximately \$1,000 in Dominion Gas Company rebates that are applicable to the specific energy-saving modifications being performed.

More importantly, GSPC is leading the way in reducing the carbon footprint associated with fulfilling our Mission. For that, future generations will also benefit from our efforts.

Buildings

The repairs to the CE building are now complete and all of the paperwork associated with it is almost done. Drop in and take a look to see how nice it now looks with fresh paint and new flooring.

As outlined on the pervious page, the Building Committee, under the leadership of Guy Schultzman, has initiated several energy-saving improvements, including additional ventilation, insulation and duct sealing. If you haven't read Guy's description of the project, please do so.

The first phase of the project has been completed. Eco Insulation completed duct sealing using mastic and also over-insulated all of our areas to achieve approximately 18 inches of insulation (R-45). Eco and Jesse Henderson, who was monitoring the project, discovered some "skeletons in the closet" while doing the work:

- Three HVAC distribution hoses had disconnected from their trunks we were actually air conditioning the attic! These were reattached and properly secured by Eco.
- The vast majority of the soffit vents that are under the porch to be clogged (inoperable) by the original insulation that was laid in during initial construction. Fortunately, he was able to squirm close enough to clear the insulation out of the vents.
- The attic entrance in the main Conklin Hall closet was broken and dangerous. Guy and I prefabricated a replacement entryway and permanent ladder, and with Jesse's assistance, both were successfully installed.

We have approved the contract for installation of 52 roof vents with Hirschi Roofing, although it is not likely to be worked for about 4 weeks due to Hirschi's backlog.

We will be scheduling our HVAC Service vendor (AC&H) to install the new thermostats and also to install "balancing valves" in the distribution hoses for the small A/C system in the CE Building. These valves will allow AC&H to balance the flow to the two offices, so that we don't freeze the Pastor in summer.

And finally, we were pre-approved by Dominion Energy for rebates on duct sealing, over-insulating, and thermostats. Rebates may total as high as \$1,000 when all of the work is completed.

With this work completed soon, I think all of us are hoping there won't be any large projects for a while, but if something comes up, know that your church has a dedicated team of volunteers on the committee to help keep it all running.

Blessings, Eric Westland, Building Elder

Christian Education

From March 3rd through March 24th, Rev. Ralph will base his Adult Education lessons on "Living In Utah", a curriculum produced by this church's founding pastor, Rev. Dr. John Mahon, HR. Rev. Mahon created this booklet during his years of service here in Saint George. The curriculum focuses on helping newcomers understand just what they have gotten themselves into by moving to the uniqueness that is Utah and explores the unique culture around us known as The Church of Jesus Christ of Latter Day Saints. Then on March 31st and April 7th he'll be exploring Palm Sunday and Resurrection (Easter) Sunday.

Please join us and learn more about our cultural environment and our faith.

Deacons

The Deacons have ordered The Daily Bread devotional booklets for the new year. They are published quarterly. The March, April, May booklet is available in the Narthex. They are perfect for your personal quiet time.

Also periodically check our bulletin board in the back of Fellowship Hall by the book table. Quotes are placed for you as "food for thought" for your devotional times.

Our Deacon Shed is full of items you may need if you have an illness or are recovering from surgery. If you need to borrow anything from the shed, please contact Dick Babb (688-1120) and he will make arrangements to get you what you need.

We thank you for the opportunity to serve you and the Lord; and hope that, if there is anything you need, you will let us know.

Fellowship

After those bouts of snow, I am ready for Spring and some more normal temperatures. Whatever the weather, our Fellowship time together after Worship is going strong.

We are seeing an interesting change on Sunday mornings. An increasing number of people are stopping in Conklin Hall, getting a cup of coffee and enjoying some fellowship before Worship. Come join in! What a wonderful way to prepare for worshipping together.

Heritage Night will have taken place before you receive this newsletter. Dan and Mitzi Rak did a tremendous job of organizing the event, getting the performers and even soliciting enough Shepherd's Pie for everyone. Thank Dan and Mitzi and congratulate them for a job well done.

Lent is just around the corner. Watch for the many opportunities for Fellowship – culminating in our Easter Brunch.

Blessings Gloria McGilloway

Mission/Outreach

What an amazing thing happened during the 2019 Souper Bowl of Caring! Our Team Good Shepherd gave a total of 526 pounds of food to those who are hungry in St. George through the Community Soup Kitchen. We also gave \$325 in cash and checks. I wish you could have all been there when we delivered the food and money to the Soup Kitchen staff. They were overwhelmed with our generosity. Our church is just an amazing source of kindness and goodness when it comes to giving to those in need.

Please stay tuned throughout this year for more opportunities of giving to our community and beyond. During Lent we will conduct another food drive that will benefit the Soup Kitchen – so be ready as a team to open your hearts and pocketbooks for those who are hungry.

As approved by Session, Mission funds were allocated to our Russia Mission endeavors with our Sister Church in Dorogobuzh as we participate in their Summer Camp. This year, since the annual Russia Mission Network Conference will be held in Smolensk, mission funds will be utilized to send our representative to the conference. Also donations were sent to support Al and Ellen Smith in their work within the Russia Mission field as well as the Moscow Protestant Chaplaincy's programs for drug and alcohol rehabilitation. Additional mission support was sent to Presbytery for general Churchwide Mission work.

As you can see your pledges and donations are hard at work in the Mission field.

Blessings Chris Schleter

Parish Nursing

Brown Bag Luncheon: On Wednesday, April 10th at Noon, we look forward to welcoming a speaker from the Washington County Department of Emergency Preparedness, who will help us sort through whether we are ready to take on any of the top Five Hazards confronting us as residents of this part of Utah. Save the date to join us for FMERGENCY PREPAREDNESS – 101.

<u>Update on the Shingles Vaccine:</u> – In our March 2017 article, we wrote about the shingles vaccine, Zostavax, but now, in 2019, there are new recommendations. According to the latest from the CDC through its Advisory Committee on Immunization Practices, the preferred vaccine is the new, highly protective Shingrix. Unlike, Zostavax, the first shingles vaccine, Shingrix is not formulated from a live virus and when compared to Zostavax, studies have demonstrated age-related effectiveness to be:

| | 60-69 yrs | 70-79yrs | 80+yrs |
|----------|-----------|----------|--------|
| Shingrix | 97% | 91% | 91% |
| Zostavax | 64% | 41% | 18% |

Shingrix is administered intramuscularly in two doses, two to six months apart using the deltoid muscle in the upper arm. Some of the reported reactions to the vaccine are injection-site pain, redness, muscle aches, fatigue and rarely, gastrointestinal illness. Any one or more of these symptoms may be experienced with the first injection or none may

Parish Nursing, continued

be evident and vice versa with the second injection. Most reactions to Shingrix are self-limited and usually resolve in 2-3 days. It is imperative that you complete the two-dose series.

Shingles or Herpes Zoster is caused by the chickenpox virus, which lies dormant in anyone who has had chickenpox. It can resurface into a diagnosis of shingles whenever one's immune system becomes medically compromised and is seen with higher frequency in those with cancer or undergoing cancer treatment. The virus severely damages nerves in the affected area and 13% of patients over the age of 60 are left with intractable pain or Post Herpetic Neuralgia (PHN) from this damage after the acute phase of shingles has passed.

Those advised to receive the vaccine are:

- Anyone, 50 years or older, even if you previously have received Zostavax
- Those who are not currently in an acute phase of shingles but who may have had shingles in the past it can recur
- Anyone with chronic medical conditions, such as chronic renal failure, Rheumatoid Arthritis, diabetes, or chronic pulmonary disease, and cancer

Your local pharmacist may be the person to administer the vaccine, but it is most important that you first discuss with your Primary Care Provider whether you should receive it. There continues to be a shortage of availability of Shingrix and those who are due for their second injection are given preference. Enter your name on a pharmacy list to be called when supplies are more plentiful. Your insurance may cover all or a portion of the cost of the injections.

Alicia Kitzman and Mitzi Rak

Prayer Chain

I would ask anyone in the congregation that would like to join in prayers for the ill, people with problems, or those with happy news like a mending body to please contact me on my cell, 632-3160.

All prayers are important.

Deborah Stone

Senior Ministries

<u>Soup and Fellowship:</u> Our next Soup and Fellowship will be Wednesday, March 27th at Noon in Conklin Hall. Two new members of our congregation have been invited to introduce themselves to us. Dr. Mike and Connie Milford have agreed to share their story. I look forward to it immensely. Connie was a teacher and is a music major. She keeps me on task in the choir, explaining the finer details of the scores. Mike is a retired physician who specialized in facial reconstruction. His stories are thought provoking. He is not talking about face lifts as this was not his area but face changing, likely due to accident. It will be most interesting and educational as well. Innovations in medical equipment have positively and dramatically changed the outcomes lately. He will explain. Our lunch will celebrate the Irish.

<u>Card Party:</u> Does anyone in our congregation like to play party bridge and would like to join us on the third Wednesday or at least accept an on-call seating once a month? We have one table of Bridge. If one person cannot attend, three people are out of this enjoyable time together. We have some who graciously substitute, even at the last minute. Sometimes even these are unavailable. We do have at least another table of card sharks. All are welcome to join us.

<u>Movie Goers:</u> I collected a list of some people who like company at movies. At this point, a matinee on Sunday at Pineview, if anything of adult interest is playing, will be offered. Tuesdays at the Main Street theatre for something like \$3.00 is a good bet, but often is limited in adult- interest films. Coffee after to discuss the movie is an option.

I want to welcome and thank Cheryl Mansfield for accepting a committee position with Senior Ministries.

Judy Oar



Session News

Session held their regular monthly meeting on February 10th. Here is a synopsis of the actions:

- Discussed the growth of our church, it is doing well.
- Installed Jan Hirschi as Growth Elder.
- Approved budget for energy saving upgrades and CE building flooring, lighting and balancing climate control for two
 offices.

LaVerna Metzger, Clerk of Session

Soup Kitchen

Our church "crew" participates in the Soup Kitchen the first Monday of each month. During the month of February volunteers included Marge Linn, Janis Wick, Rayanne Bartlett, Josie Kellejan, Eliza Elwood, Patti and Brian Lusby, Nick Miller, and Carol Somplatsky-Jarman. Serving over 100 hungry folks is always just as much a blessing to the volunteers as it is to those who enjoy their lunch. A winter menu of Beef & Barley Stew, corn bread, coleslaw, fruit and dessert was served. Many positive comments were received – especially for our famous "Presbyterian" coleslaw. Questions about the Soup Kitchen experience? Contact Carolynn Thomas 435-817-8288.

Carolynn Thomas

Stewardship

The Treasurer's report from January 31st appears on page two, and our Building Fund report is on page 11. We have received pledges that cover our needs for 2019. Thanks to everyone who pledged.

One Great Hour of Sharing is coming up from March 6th through April 21st. A gift to One Great Hour of Sharing enables the church to share God's love with our neighbors-in-need around the world by providing relief to those affected by natural disasters, providing food to the hungry, and helping to empower the poor and oppressed. For more information about how One Great Hour of Sharing came about, please see the story on page 1 and look for envelopes in your Sunday bulletin during this time.

We continue to thank you for your generosity.

Susan Holecheck and your Stewardship Committee

Women's Guild

Thank you to all of those who purchased cookies during our Valentine Cookie Sale, and a big thank you to all the ladies who baked and contributed cookies for this sale. Because of your generosity and baking we were able to raise \$253 which will be added to the amount we annually contribute to our local charities.

The date for our annual Tea has been changed to Saturday, March 30th, from 1:00 to 3:00 pm in Conklin Hall. It will be a Spring Tea with tasty tea refreshments, door prizes, and music provided by Anne Hogan, Debbie Stone, and Jessie Ostler (one of Ka-Wai Yu's cello students). Tickets are \$7 each, or a table of eight can be purchased for \$56. Set up will be on Friday, March 29th at 1:00 pm, and tables need to be decorated at that time. This will be a fun event, and you won't want to miss it!!!

Candy Hurlbut

Worship & Music

Ash Wednesday marks the beginning of our Lenten journey. The Worship Committee encourages you to attend one of the Ash Wednesday services on March 6th. There will be two services, one at 11:00 am and again at 7:00 pm. We hope these times will fit your schedule.

A Shrove Tuesday breakfast, the day before Ash Wednesday, will be prepared by Rev. Ralph and his committee. It will be served from 8:00 to 10:00 am. Everyone is invited to attend this special celebration!

The Bell and Chancel Choirs are busy preparing music for the Lent season. We hope their special music will fill you with the spirit of God's Love.

Blessings Barbara McConnell, Music Director

Lectionary Readings for March

| Date | Old Testament | New Testament | Gospel |
|---|---|--------------------------|----------------------------------|
| Sunday, March 3 Transfiguration of the Lord | Exodus 34:29-35 Psalm 99 | 2 Corinthians 3:12-4:2 | Luke 9:28-36 [37-43] |
| Wednesday, March 6 Ash Wednesday | Joel 2:1-2, 12-17 or Isaiah 58:1-12 Psalm 51:1-17 | 2 Corinthians 5:20b-6:10 | Matthew 6:1-6, 16-21 |
| Sunday, March 10 First Sunday in Lent | Deuteronomy 26:1-11 Psalm 91:1-2, 9-16 | Romans 10:8b-13 | Luke 4:1-13 |
| Sunday, March 17 Second Sunday in Lent | Genesis 15:1-12, 17-18 Psalm 27 | Philippians 3:17-4:1 | Luke 13:31-35 or Luke 9:28-36 |
| Sunday, March 24 Third Sunday in Lent | Isaiah 55:1-9 Psalm 63:1-8 | 1 Corinthians 10:1-13 | Luke 13:1-9 |
| Sunday, March 31 Fourth Sunday in Lent | Joshua 5:9-12 Psalm 32 | 2 Corinthians 5:16-21 | Luke 15:1-3, 11b-32 |

Lectionary Readings for April

| Date | Reading 1 | Reading 2 | Reading 3 |
|--|--|--|-------------------------------------|
| Sunday, April 17 Fifth Sunday in Lent | Isaiah 43:16-21 Psalm 126 | Philippians 3:4b-14 | John 12:1-8 |
| Sunday, April 14 Passion/Palm Sunday | Liturgy of the Palms Luke 19:28-40 Psalm 118:1-2, 19-29 Liturgy of the Passion Isaiah 50:4-9a Psalm 31:9-16 | Philippians 2:5-11 | Luke 22:14-23:56 or Luke 23:1-49 |
| Monday, April 15 Monday of Holy Week | Isaiah 42:1-9 Psalm 36:5-11 | Hebrews 9:11-15 | John 12:1-11 |
| Tuesday, April 16 Tuesday of Holy Week | Isaiah 49:1-7 Psalm 71:1-14 | 1 Corinthians 1:18-31 | John 12:20-36 |
| Wednesday, April 17 Wednesday of Holy Week | Isaiah 50:4-9a Psalm 70 | Hebrews 12:1-3 | John 13:21-32 |
| Thursday, April 18 Maundy Thursday | Exodus 12:1-4 [5-10] 11-14 Psalm 116:1-2, 12-19 | 1 Corinthians 11:23-26 | John 13:1-17, 31b-35 |
| Friday, April 19 Good Friday | Isaiah 52:13-53:12 Psalm 22 | Hebrews 10:16-25 or Hebrews 4:14-16;5:7-9 | John 18:1-19:42 |
| Saturday, April 20 Easter Vigil | Genesis 1:1-2:4a Psalm 136:1-9, 23-26 Genesis 7:1-5, 11-18; 8:6-18; 9:8-13 Psalm 46 Genesis 22:1-18 Psalm 16 Exodus 14:10-31; 15:20-21 Exodus 15:1b-13, 17-18 Isaiah 55:1-11 Isaiah 12:2-6 Proverbs 8:1-8, 19-21;9:4b-6 Psalm 19 Ezekiel 36:24-28 Psalm 42 Psalm 43 Ezekiel 37:1-14 Psalm 143 Zephaniah 3:14-20 Psalm 98 | Romans 6:3-11 Psalm 114 | John 20:1-18 |
| Sunday, April 21 Resurrection of the Lord / Easter | Acts 10:34-43 or Isaiah 65:17-25 Psalm 118:1-2, 14-24 | 1 Corinthians 15:19-26 or Acts 10:34-43 | John 20:1-18 or Luke 24:1-12 |
| Sunday, April 28 Second Sunday of Easter | Acts 5:27-32 Psalm 118:14-29 or Psalm 150 | Revelation 1:4-8 | John 20:19-31 |

| March 2019 | | | | | | |
|---|--|--|---|---|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | 1 | 2 |
| | | | | | 11:00 Women's Guild am Meeting & Potluck | 1:00 Viewing for Alice om Blair 2:00 Memorial Service pm for Alice Blair |
| Transfiguration of the Lord Soup Kitchen Sunday 8:45 Prayer Service am 9:00 Adult Education am 10:30 Communion Worship am 11:45 Fellowship am 5:60 Bible Study pm Bible Study | 4 1:00 Shawl Ministry pm | Shrove Tuesday 8:00 Shrove Tuesday to Breakfast – 9:30 Conklin Hall am 9:30 Calendar am Coordinating Council Meeting 11:00 Women's Bible am Study @ Egg & I 12:00 Bell Choir Noon pm Ralph | Ash Wednesday 11:00 Ash Wednesday am Service 11:00 Wemen's Bible am Study @ Starbucks Cafe - Barnes & Noble 1:00 Stephen Ministry pm Supervision Group Meeting 6:30 Grief & Loss pm Support Group pm Service | 7 11:00 Open Bible Study @ am Village Inn 3:00 Exercise with Rev. pm Ralph 3:45 Chancel Choir pm | 8 Conklin Hall Carpet Cleaning | 9 |
| 10 Daylight Savings Time | 11 | 12 | 13 | 14 | 15 | 16 |
| Begins – Spring Forward First Sunday of Lent 8:45 Prayer Service am 9:00 Adult Education am 10:30 Worship am 11:45 Fellowship am 11:45 Blood Pressures am Taken 12:00 Session Meeting Noon 5:00 Bible Study pm @Rev. Ralph's | 1:00 Shawl Ministry pm 5:45 Lenten Program pm with Potluck – CE Building | 11:00 Women's Bible am Study @ Egg & I 12:00 Bell Choir Noon 3:00 Exercise with Rev. pm Ralph | 11:00 Women's Bible am Study @ Starbucks Cafe - Barnes & Noble | 11:00 Open Bible Study @ am Village Inn 3:00 Exercise with Rev. pm Ralph 3:45 Chancel Choir pm | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Second Sunday of Lent 8:45 Prayer Service am 9:00 Adult Education am 10:30 Worship am 11:45 Fellowship am 5:00 Bible Study pm @Rev. Ralph's | 1:00 Shawl Ministry pm 5:45 Lenten Program pm with Potluck – CE Building | 11:00 Women's Bible am Study @ Egg & I 12:00 Bell Choir Noon 3:00 Exercise with Rev. pm Ralph | 11:00 Women's Bible am Study @ Starbucks Cafe - Barnes & Noble 1:00 Senior Ministries pm Card Party — Conklin Hall 6:30 Grief & Loss pm Support Group | 11:00 Open Bible Study @ am Village Inn 3:00 Exercise with Rev. pm Ralph 3:45 Chancel Choir pm | | Newsletter Deadline |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Third Sunday of Lent 8:45 Prayer Service am 9:00 Adult Education am 10:30 Worship – am Commissioning of Stephen Ministers 11:45 Fellowship am 5:00 Bible Study pm @Rev. Ralph's | 1:00 Shawl Ministry pm 5:45 Lenten Program pm with Potluck – CE Building | 11:00 Women's Bible am Study @ Egg & I 12:00 Bell Choir Noon 3:00 Exercise with Rev. pm Ralph | 11:00 Women's Bible am Study @ Starbucks Cafe - Barnes & Noble 12:00 Soup & Noon Fellowship – Mike & Connie Milford - Conklin Hall | 11:00 Open Bible Study @ am Village Inn 3:00 Exercise with Rev. pm Ralph 3:45 Chancel Choir pm | 1:00 Setup for Women's pm Guild Spring Tea | 12:00 Women's Guild Noon Spring Tea |
| Fourth Sunday of Lent 8:45 Prayer Service am 9:00 Adult Education am 10:30 Worship am 11:45 Fellowship am 5:00 Bible Study pm @Rev. Ralph's | | | | | | |

Regularly Scheduled Activities

Soup Kitchen Sunday - Contributions of food, supplies and cash - 1st Sunday of each Month

| Shawl Ministry | Monday | 1:00 pm to 3:00 pm | Conklin Hall |
|--------------------------|-----------|------------------------|----------------------------------|
| Exercise with Rev. Ralph | Tuesday | 3:00 pm to 3:30 pm | Conklin Hall |
| | Thursday | 3:00 pm to 3:30 pm | Conklin Hall |
| Open Bible Study | Sunday | 5:00 pm to 6:00 pm | Rev. Ralph's Home |
| | Thursday | 11:00 am to 12:00 Noon | Village Inn |
| Women's Bible Studies | Tuesday | 11:00 am to 12:00 Noon | The Egg & I |
| | Wednesday | 11:00 am to 12:00 Noon | Starbuck's Café @ Barnes & Noble |
| Choir Rehearsals | Tuesday | 12:00 Noon Bell Choir | Sanctuary |
| | Thursday | 3:45 pm Chancel Choir | Sanctuary |



Building Fund Update

As you all know, we have a mortgage payment of \$1,343.51 due each month. The mortgage has a principal of \$184,117 and a 15-year term which means that if it goes for its full term (although we will pay it off early), we will pay a total of \$241,831.80. We also have several major maintenance items over the next several years, totaling more than \$145,000, that need to be funded meaning we need to raise a total of \$384,000.

Our first two campaigns produced \$195,063. Through February 24th we have received pledges towards our third campaign totaling **\$54,100** and additional cash donations of **\$17,432** giving us a total for all three campaigns of **\$266,595** or about **69.4%** of our **\$384,000** goal.

Thanks to everyone who has made a pledge to the third campaign. If you haven't pledged, please prayerfully consider making a pledge to help us pay off the mortgage early and have sufficient funds to cover maintenance and make other improvements in the next three years.

Church Contact Information

| Church Contact Information | | | |
|--|--|--|--|
| Office Hours | Wed 9:00 am – 1:00 pm | | |
| Office Phone/Fax Office Email | Thu 12:00 Noon – 2:00 pm 435-628-9158 <u>office@gspcsg.org</u> | | |
| Pastor's Office Hours | Mon to Thu – 9:00 am – 10:30 am 1:00 pm – 3:00 pm | | |
| Pastor's Cell | 435-705-1867 | | |
| Pastor's Email | pastor@gspcsg.org | | |
| Prayer Chain | Deborah Stone | | |
| | 435-632-3160 | | |
| Website | www.gspcsg.org | | |
| Newsletter email Website / Newsletter Ed | newsletter@gspcsg.org ditor Chris Schleter | | |
| Music Director | Barbara McConnell | | |

Info on Stephen Ministry

Scan this QR code on your Smartphone or Tablet to visit our website.

www.stephenministries.org

An electronic version of this newsletter is available on our website.

Church Leadership 2019

Session Elders

| Class of 2019 | Mary Contreras | 6/3-9/45 | Worship |
|---------------|------------------------|--------------|-------------------|
| | Scott Florence | 574-2383 | Grounds |
| | Susan Holecheck | 702-265-8666 | Stewardship |
| Class of 2020 | Jan Hirschi | 680-1012 | Growth |
| | Bill Somplatsky-Jarman | 502-589-6030 | Christian Ed |
| | Eric Westland | 625-1399 | Building |
| Class of 2021 | LaVerna Metzger | 385-242-8622 | Clerk of Session |
| | Gloria McGilloway | 610-349-6045 | Fellowship |
| | Judy Oar | 702-241-6227 | Senior Ministries |
| | Carolynn Thomas | 817-8288 | Mission/Outreach |
| | | | |

Deacons

| Parish | Deacon | Phone |
|-------------------------|---------------------------|--------------|
| Deacons | Virginia Hunt – Moderator | 714-955-1167 |
| Bloomington Hills | Sandy Paige | 703-9272 |
| Dixie Downs/Santa Clara | Tom & Vici Noble | 673-4232 |
| East Bloomington | Vicky Westland | 414-1960 |
| Green Valley | Adele Kinkel | 632-6347 |
| Hurricane | Josie Marsh | 435-772-1030 |
| Ivins | Mitzi Rak | 674-1204 |
| Old St. George | Jeff Clingan | 705-8692 |
| Pine Valley | Tineke Ingold | 574-3614 |
| Red Cliffs | Ann McLuckie | 680-1062 |
| Sun River | Candy Hurlbut | 879-9394 |
| Washington | Ka-Wai Yu | 812-340-2184 |

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Address Service Requested