



Good Shepherd Presbyterian Church

A Stephen Ministry Congregation
A Member of the Virgin River Presbyterian Fellowship
Serving Southern Utah since 1988

Partner Congregation to the Evangelical Baptist Church of Dorogobuzh, Russia



611 N 2450 E / PO Box 1499, St. George, UT 84771

Website: gspcsg.org

435-628-9158

Email: office@gspcsg.org

June 2023

Volume 18, Issue 6

In This Issue

- 1 Pastor Jim Kestin to Join Us on June 18th; Candy Hurlbut Retiring as Church Secretary
- 2 Prayer Concerns; Ruling Elders Monthly Scriptures; Welcome New Members; Newsletter Deadline; Worship Schedule; Volunteers; Treasurer's Report
- 3 Rev. Ralph's Food for Thought
- 4 Prayer Corner; Strand of Pearls Prayer Chain; Healing Prayer Offered Weekly
- 5 Buildings & Grounds; Christian Education
- 6 Congregational Growth & Care
- 7 Deacons; Fellowship; Mission/Outreach
- 8 Session News; Stewardship; Worship & Music; A Little Church Humor
- 9 June Lectionary; July Lectionary
- 10 June Calendar;
- 11 Regularly Scheduled Activities; Building Fund Update; Church Contact Information/Leadership

Pastor Jimi Kestin to Join Us on June 18th

As we noted in the May newsletter, the food and money that we collect during Soup Kitchen Sunday on the first Sunday of the month will be donated to Solomon's Porch, rather than SwitchPoint.

The impetus for this change came from our realization that some needs of the hungry in our area are not always met by SwitchPoint, specifically supplying food on weekends.

Solomon's Porch has a food box pickup each Friday and supplies a meal on Sunday. Their attendance at both weekly events has been increasing and they really need our help.

Since many of us do not know a lot about Solomon's Porch and the great work they are doing in our community, we've invited Pastor Jimi Kestin to join us on June 18th to talk about their mission and programs to help those in our community who are in need. Because Solomon's Porch worships at about 11:00 am, Pastor Jimi will speak to us at the start of the service, just after the announcements. That will allow him to get back to Solomon's Porch in time to lead their worship. We hope you will join us to learn more about their work and how we can help.

Candy Hurlbut Retiring as Church Secretary

As many of you know, Candy Hurlbut has decided to retire as our church secretary effective June 14th, just before she and Russ will head to New York for their annual summer visit.

Candy started as the backup for our previous secretary, Dawn Angarone. When Dawn passed away while on a Mission trip to Russia in August of 2017, Candy agreed to step up and become our secretary. She has been faithfully producing our weekly bulletin, handling the phones, doing all of the unsung work of a church secretary that we tend to take for granted and, most important, keeping Rev. Ralph organized and on task (as well as anyone can do that 😊) ever since.

We thank Candy for her nearly six years of service and wish her and Russ good health and happiness in the future.

With Candy's departure we need a new secretary. Chris Schleter and Peggy Graber have agreed to fill in until we find someone but that is not a long-term solution.

Given that our secretary works closely both with Rev. Ralph and the congregation we would prefer to have a member fill the role. The time commitment is not large (about 4-5 hours per week), and it is a paid position. Our secretary does need a strong knowledge of Microsoft Office and good telephone skills.

If you are interested or know someone who might be interested in being our church secretary, please contact Chris Schleter or Rev. Ralph.



Church Staff

The Rev. Dr. Ralph Clingan

Pastor

Ruth Ann Horvath

Clerk of Session

Candy Hurlbut

Church Secretary

Barbara McConnell

Music Director

Stephen Talley

Organist

Rev. Dolores Wiens

Strand of Pearls Prayer Chain

Chris Schleter

Website / Newsletter Editor

Prayer Concerns

"Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it" John 14:13-14

Ann Hogan Gloria McGilloway
 Arlene Prinselaar Cheryl Mansfield
 Kari Jimenez Jan Hirschi
 Russ & Candy Hurlbut
 Tom & Mary Contreras and Colton
 Mona & Keith Johnson
 LaVerna Metzger & Family
 The People of Ukraine and Russia

Caregivers in our area, state and nation
 Our partner congregation in Dorogobuzh, Russia
 Those Serving Our Country

Welcome New Members

If you are interested in joining our fellowship, please see Rev. Ralph or Session Clerk Ruth Ann Horvath

July Newsletter Deadline June 23, 2023

Summer Worship Schedule

9:00 – 9:15 am
Morning Prayer and Communion
Sanctuary
9:15 – 10:00 am
Adult Education
CE Building
 10:30 am
 Children's Sunday School
 CE Building
10:30 am
Worship
Sanctuary
11:45 am
Fellowship Time
Conklin Hall

Ruling Elders Monthly Scriptures

Each month at our stated Session meetings, our Minister of Word and Sacrament and Ruling Elders are invited to share any scripture that has spoken to their hearts in the previous month as part of their report. Rev. Ralph encourages our congregation, as part of their prayer life for the congregation, our Session and Pastor, to review their selections and continue to uphold them and one another in prayer.

The scriptures for May were:

Rev. Ralph	Matthew 28:17-20	All the Nations
Elder Ruth Ann Horvath	Psalm 47:5-7	Sing praises
Elder Leslie Lintz	Psalm 84:11	Walk uprightly
Elder Chris Schleiter	John 8:34-36	Be Free
Elder Alicia Kitzman	1 Chronicles 16:11-12	Seek His face
Elder Mary Contreras	Ephesians 4:2	Show your love
Elder Ruthanne Skinner	Philippians 4:6	Everything by prayer
Elder Deanna Flores	Isaiah 46:4	I Will Carry You
Elder Tom Contreras	Genesis 2:15	Garden of Eden

2023 PLEDGES

Goal
\$184,364
Received to Date
\$129,910
Still Needed
\$64,454

We appreciate ALL donations. Pledges help us to plan for our expected income for the year.

BUILDING FUND

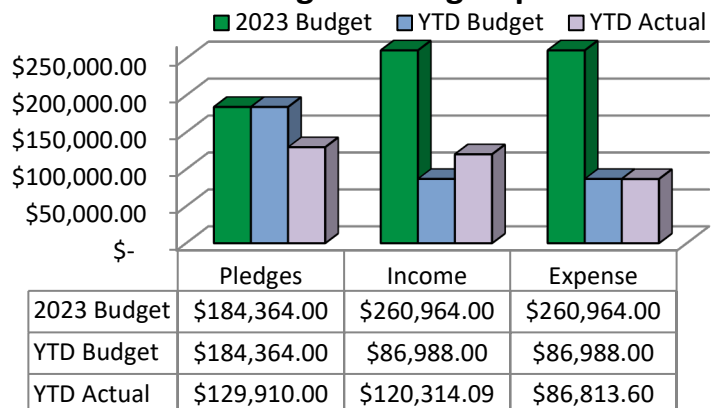
Goal
\$384,000
Received to Date
\$323,097
Still Needed
\$60,903

Your donations to the Building Fund allow us to maintain and enhance our facilities.

Treasurer's Report

General Fund as of April 30		
Month of April		
Receipts	\$	38,148.55
Expenditures	\$	19,194.46
2023 YTD Budget vs. Actual		
YTD Budgeted Receipts	\$	86,988.00
Actual Receipts	\$	120,314.09
YTD Budgeted Expenditures	\$	86,988.00
Actual Expenditures	\$	86,813.60
Fund Balances		
General Fund	\$	57,161.23
Building Fund	\$	60,690.92
Memorial Fund	\$	4,533.80
Reserve Fund	\$	46,201.41
Russia Mission Fund	\$	3,560.35
Bequests	\$	63,794.50

2023 Budget Through April 30



Rev. Ralph's Food for Thought

Blessed is the person who does not walk in the counsel of the wicked, Nor stand in the path of sinners, Nor sit in the seat of scoffers! But his delight is in the Law of the Lord, And on His Law he meditates day and night. He will be like a tree planted by streams of water, Which yields its fruit in its season, And its leaf does not wither; And in whatever he does, he prospers. The wicked are not so, But they are like chaff which the wind blows away. Therefore the wicked will not stand in the judgment, Nor sinners in the assembly of the righteous. For the Lord knows the way of the righteous, But the way of the wicked will perish. Psalm 1 NRSV



As I mentioned last month, this month marks the 40th anniversary of my ordination, May was the 40th anniversary of my graduation from seminary, Colgate Rochester Divinity School, Rochester, NY. The reason I mention that is because every time I read Psalm 1, I am reminded of my Hebrew Professor, Dr. Henshaw's, description of this psalm: a person sitting under a tree by a stream reading the Law and holding it close to his/her chest as they spiritually ponder it, take it in to their soul.

This imagery speaks to me of a summer's day, slow, warm, easy going, time at prayerful pause. As all of us Southern Utah residents know that in June, our very warm and slow days will arrive. I'm afraid there are no trees or streams available that will be all that comforting in 100 + degree heat.

What these summer days do afford us is time. Time to reflect on God's word, time to pray. Opportunities to perhaps join one of our Bible studies, time to read a book that speaks to our Christian faith and life as God's people. One such book I would recommend is Paths to Prayer, Finding Your Own Way in the Presence of God, by Patricia D. Brown. There are others (see me for recommendations). Time to attend our Sunday School before church. Review the enclosed newsletter calendar for opportunities.

Most importantly take advantage of this God given time and season to grow. Just like our friend by that stream and tree.

*Blessings In Christ
Rev. Ralph*



**** Home Communion ****

If you have difficulty getting to worship and would like to have the Pastor serve you the Lord's Supper at home, please call the church office (435-628-9158).

**** Pastor's Note Regarding Hospital Visitation ****

With the federal laws that govern the privacy of medical records, hospitals no longer can give out any information regarding patients to visitors, including clergy. Unless a visitor requests a specific name, the hospital desk is not allowed to give out any information, including religious affiliation.

If you or a family member is hospitalized, please alert the Pastor, your Deacon or the church office. Otherwise, we will not be informed of your presence in the hospital and will be unable to assist or offer pastoral care.

Prayer Corner

"And all things you ask in prayer, believing, you will receive." Matthew 21:22

A Prayer in Spring, Robert Frost, 1874-1963



You have all heard the phrase, "Take time to smell the Roses." Most of you are familiar with Psalm 46:10, "Be still and know that I am God." Can you see the connection between these two phrases in this "Prayer In Spring" by Robert Frost? Frost invites you to be in the present moment and enjoy the gifts of love that God has given. Ponder the thought and pray the poem and allow the Holy Spirit to lead you to worship . . . to be still and know that God is God.

Oh, give us pleasure in the flowers to-day;
And give us not to think so far away
As the uncertain harvest; keep us here
All simply in the springing of the year.

Oh, give us pleasure in the orchard white,
Like nothing else by day, like ghosts by night;
And make us happy in the happy bees,
The swarm dilating round the perfect trees.

And make us happy in the darting bird
That suddenly above the bees is heard,
The meteor that thrusts in with needle bill,
And off a blossom in mid-air stands still.

For this is love and nothing else is love,
The which it is reserved for God above
To sanctify to what far ends He will,
But which it only needs that we fulfil.

The Rev. Dolores Wiens

Strand of Pearls (aka, the Prayer Chain)

Pearls on our Strand continue to pray actively for those for whom requests have been made as they come in. Updates and thanksgivings are appreciated and will be passed on.

Please call, email or text your requests to Rev. Dolores at 630-890-8343 or revdfw@icloud.com, and indicate whether you wish the request to remain confidential. Otherwise, it will be included in the GSPC prayer list in the newsletter.

Rev. Dolores Wiens

Healing Prayer Offered Weekly

Healing prayer and anointing are offered every Sunday morning at the conclusion of the Worship Service in the Chapel. Rev. Dolores Wiens and Kathryn Whitton will be available to offer healing prayer for all who desire it.



Buildings & Grounds

A big thanks to everyone who helped pull weeds at the church on May 3rd. We had a good turnout and the grounds look very nice. Thanks to Scott Florence for the weather forecast. The weather was cool and overcast which made the work a lot more comfortable.

A lot of work has been completed by our contractor in the Memorial Garden with oversight provided by Guy Schultzman; however, there is still more work to be completed until we celebrate with a dedication so, stay tuned.

A very kind soul secretly mowed the grass in the Memorial Garden last week. Thank you! I owe you a coffee and a Pink Box donut! See me to claim your prize!

A reminder that when Sunday Services begin all doors will be locked except for the east and west doors to the Narthex. This is to provide for the safety and security of the congregation during services.

Tom Contreras

Christian Education

"The Bible was not given for our information but for our transformation." - Dwight L. Moody

Christian Education Classes: see the Newsletter Calendar or church website Activity Calendar for a listing and times of all classes.

UPDATES:

JUNE GSPC BOOK CLUB LUNCH & DISCUSSION

Bring your lunch and join Marilyn Conklin as she facilitates discussion about the book To Kill a Mockingbird from 12:00 Noon to 1:00 pm Thursday, June 29th, in the CE Building.

Bring a list of titles you would like the club members to read in the future. The club welcomes a broad range of submissions, from Christian works, quality popular fiction, non-fiction, and the classical literature. Become part of this new learning community! It is a great way to make new friends, while also gaining fresh insights.

Adult Sunday School meets in the CE Building each Sunday from 9:15 to 10:00 am.

Rev. Ralph will teach from the Present Word series titled *The Prophets Proclaim God's Power*, a five-week study of the reign of God as depicted in the Old Testament. What kind of rule does God exert over the earth's inhabitants? Join the spirited discussions and the opportunity for personal spiritual growth. Study guides are available in a box at the entrance of the CE building.

Summer Hiatus: The Monday night potluck study group, Monday women's study group, and children's Sunday School will not meet during the summer.

Survey Results: The GSPC Christian Education Survey results are posted on the Christian Education bulletin board just outside the kitchen door in Conklin Hall.

Based on survey feedback, the following plans were created:

- From May - August, Rev. Dolores Wiens will teach a class about healing prayer, titled *The 26 Healing Miracles of Christ*.
- Monday night Bible study and potluck will include studies about prayer and faith development.
- Have a joint Women's Retreat with the Methodists, Lutherans and Presbyterian Churches in the spring of 2024.
- Monday Women's Bible Study group will increase frequency of meetings in the fall.
- Daniel Flores will teach a Successful Aging seminar in the fall.
- Start a book club, with the first book discussion in June.
- Other ideas for the future – Celebrate Sabbath study, Faith & Science study, special speaker/weekend events.

Blessings as you participate in our study communities, learn, connect, and grow in your relationship with God.

Deanna Flores

Congregational Growth & Care

WHAT is Dementia?? At our Lunch and Learn program on May 17th, our speaker, Dr. Tim Kockler, PhD, Neuropsychologist, told us that it is not just one disease entity but is an umbrella term for all subtypes of cognitive disturbances. Symptoms may be loss of memory or evidence of impaired executive function of the brain. It was interesting to learn that our cognitive decline begins at age 40! Most of us experience mild cognitive impairment (MCI) as we age which may be manifested by our inability to readily retrieve information that is stored in memory but can be recalled later. MCI between the ages of 60 to 80 can be a precursor to diagnosis of dementia 6 to 8 years later. If concerns about one's mental abilities are identified, the neuropsychologist will examine the patient and order extensive cognitive testing-covered by most insurance (including Medicare) before determining which type(s) of dementia may be present. This diagnosis will also determine the course and possible outcome of the disease.

Types of Dementia

- **Alzheimer's Dementia** - the most common form, results from a buildup of amyloid plaques and 'tangles' in the brain causing short term memory loss, thinking, reasoning, planning, organizing and personality and behavioral changes. It can have early or late onset and less than 1% of cases are genetic. Other risk factors may be age, being female, air pollution, excessive alcohol consumption, poor sleep, lack of exercise, obesity, smoking, history of high blood pressure, high cholesterol, and type 2 diabetes.
- **Lewy Body Dementia** - caused by an abnormal buildup of proteins, known as Lewy bodies, in the brain, seen more frequently in males after age 60 and manifested by hallucinations, movement disorders, poor regulation of vital signs, cognitive decline, sleep difficulties, decreased attention, depression and apathy. Lewy Body Dementia symptoms like movement disorder and hallucinations have sometimes been misdiagnosed as Parkinson's. Because treatments are different for each, it is most important that the correct diagnosis is made.
- **Vascular Dementia** - results from changes in brain cell activity because of damage to blood vessels which nourish those cells. Anything that increases risk for stroke or heart disease such as high blood pressure, cholesterol or blood sugar, sleep apnea, COPD, emphysema, and poor lifestyle choices, can cause damage to or hardening of the arteries resulting in loss of mental acuity and ability to plan and organize using good judgment and informed decision-making.
- **Frontal Temporal Dementia** - called Pick's disease, a rare form of dementia, is seen in those as young as 45 and can be caused by genetic mutations. The front and side parts of the brain, responsible for language and behavior, become affected by abnormal deposits (tau proteins) causing such symptoms as loss of inhibition or motivation, increase in compulsive activity and problems communicating.

Although we hear so much about dementia in our society today, Dr. Kockler emphasized there are lifestyle choices we can make to give our brains the best chances for good health, and he stated the importance of the "big" three:

- **Socialization**, including challenging our brains with reading, Internet use, crossword puzzles and chatting with others, to help keep brain cells alive.
- **Exercise**, the value of which cannot be quantified. EVERYTHING (formal or informal) counts - 30 minutes, five times a week is the current gold standard. Walking helps both your brain and your bones - Movement is Medicine!
- **Diet**. The latest research and thinking says that we are most benefited by consuming a diet lower in protein and higher in carbohydrates. Avoid fried foods and other processed food items. Fresh is best! He also told us to beware of unproven supplements, like Prevagen, which promise to boost brain health but deliver nothing. Take only medications prescribed as a result of findings from professional testing. Bottom line: maintain healthy blood pressure, cholesterol and blood sugar levels and weight, don't smoke, eat a healthy diet and drink alcohol only in moderation. Your brain cells will thank you for it!

Both the audio and slides from Dr. Kockler's presentation are available on our website, gspcsg.org. Go to Activities in the main menu, select Health and Wellness and choose Dementia in the list on the right of the page.

Don't Forget!!! We've set the date for our biennial **CPR Class for the Non-Professional**. Whether you need to renew your certification, or it will be the first time you will be taking a formal class about how to possibly save a life, please plan to join us on Thursday, November 16th from 9:00 am to 11:30 am in Conklin Hall. Our usual instructor, St. George Fire Fighter Rob Hooper, to conduct our 2023 class. Rob will also instruct us in use of the AED device. Good Shepherd is fortunate to have AED devices as a part of our emergency supplies in both in the Chapel in our Main Building and in the entrance hall of the CE building. Knowing how to utilize this equipment may one day mean the difference between life and death for someone. Registration information will be forthcoming.

Deacons

Your Deacons continue to be in contact with as many of you as they can and always look forward to hearing about your needs. If there is anything that we can help you with, please let us know.

John and I are your contacts for the Deacon Shed which is full of items you may need. We have everything from walkers to crutches to wheelchairs to raised toilet seats. If you need anything from the shed, please give John a call at 801-541-7444, and he'll work with you to get you what you need.

Peggy Graber, Moderator

Fellowship

The Easter Season is over, and summer will be here on June 21st. Thank you to all who came to Easter Brunch and for all of your help. Thank you to all who participate in Fellowship after church. It is so good to see you all visiting and getting to know each other better.

Thank you for welcoming our visitors and making them feel at home.

A special thanks to those who bring goodies to share and especially to those who help me clean up afterwards.

I hope you joined us for Worship in the Park and the annual church picnic on Sunday, May 28th. It was a fun event and we look forward to doing it again next year!

Mary Contreras

Mission/Outreach

Our annual Shoe Drive is in full swing and continues through June 11th so keep cleaning out those closets and place your "gently worn" shoes in the collection box in Conklin Hall. We'll send the collected shoes to Soles4Souls where they will be distributed to those who really need them.

We received an urgent request from Pastor Sergei for funds to allow them to hold their annual Bible Camp for youth this summer. The war in Ukraine is causing significant financial problems for the general Russian population and, without our support, they will not be able to bring the Word of God to the young people in Dorogobuzh and surrounding areas. We are planning to send money from our Russia Mission Fund in mid-June and several of us will be adding to the money we allocate from that fund. If you would like to provide some additional funds, please place your donation in the offering plate and mark your check or envelope "Bible Camp."

The Utah Food Bank is looking for volunteers to help with the Commodity Supplemental Food Program (CSFP). This program provides monthly food boxes for seniors 60+. Some seniors cannot travel to SwitchPoint or Grace Episcopal Church to pick up their boxes so the Food Bank arranges for volunteers (needed) to pick up the boxes and deliver them to the seniors. The mobile pantry is currently being used, even at Grace Episcopal Church, to deliver the food boxes and volunteers are needed for the mobile pantry on the 2nd and 4th Saturdays each month from 11:00 am to 1:00 pm in the Grace Episcopal parking lot. The Food Bank is also looking for more locations to host the mobile pantry and we are considering using our parking lot, beginning late in the summer or this fall, to help. If we do agree to host the mobile pantry, we will need people to help. If you are interested in helping, please speak with me or with Rev. Ralph.

Thanks for all you do to support our Mission in the community and the world!

*Thanks, Peace and Blessings
Chris Schleiter*



Session News

Session held their monthly meeting on May 14th. The following actions were taken:

- Approved Study Leave from August 28, 2023, to September 8, 2023, to Rev. Ralph Clingan to join the BURM Team and PCUSA mission Partners for a trip to Moldova and Romania.
- Approved Study Leave on November 2, 2023, to November 4, 2023, to Rev. Ralph Clingan to attend the annual BURM conference in Omaha, Nebraska.
- Approved Communion to be administered by intinction during June, July and August 2023.

The next meeting of the Session will be Sunday, June 11th at 12:00 Noon in the CE Building.

*Ruth Ann Horvath,
Clerk of Session*

Stewardship

Thanks to everyone who contributed to our celebration of Easter! It truly was a joyous time in the life of our church. We would like to remind you that we still need more than \$64,000 in pledges to fully fund this year's budget. If you have not pledged, please prayerfully consider doing so.

Thanks to everyone for your continued support!

*Thanks and blessings.
Leslie Lintz*

Worship & Music

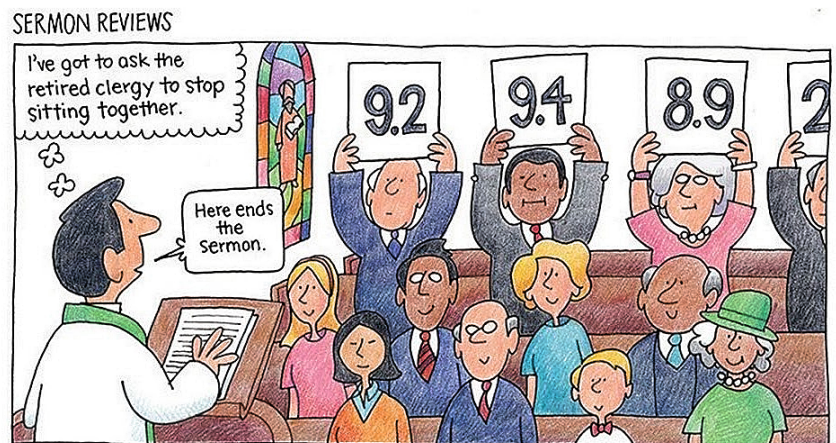
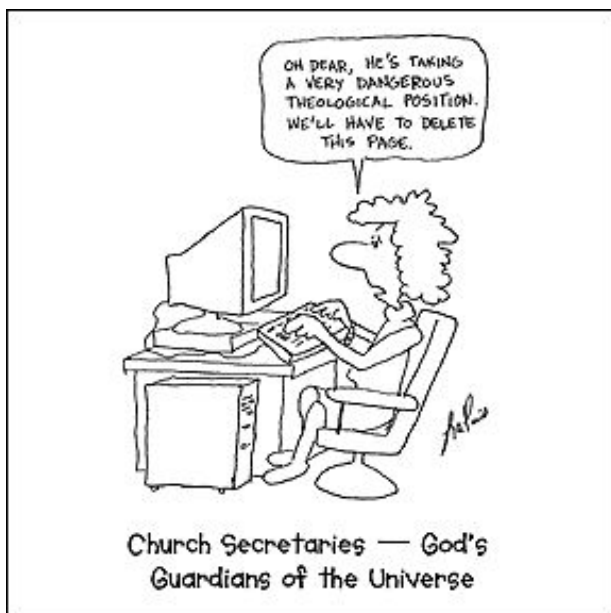
Summer is finally here and with that a reminder about communion. In June, July, and August communion will be by intinction.

Barbara McConnell will be asking for vocal and instrumental solos for the summer special music as the choir takes a vacation!

Many folks are traveling this summer and we pray for safe and enjoyable trips!

Ruthanne Skinner

A Little Church Humor



Lectionary Readings for June

Date	Old Testament	New Testament	Gospel
Sunday, June 4 Trinity Sunday	Genesis 1:1-2:4a Psalm 8	2 Corinthians 13:11-13	Matthew 28:16-20
Sunday, June 11 2nd Sunday after Pentecost	Genesis 12:1-9 Psalm 33:1-12	Romans 4:13-25	Matthew 9:9-13, 18-26
Sunday, June 18 3rd Sunday after Pentecost	Genesis 18:1-15 [21:1-7] Psalm 116:1-2, 12-19	Romans 5:1-8	Matthew 9:35-10:8 [9-23]
Sunday, June 25 4th Sunday after Pentecost	Genesis 21:8-21 Psalm 86:1-10, 16-17	Romans 6:1b-11	Matthew 10:24-39

Lectionary Readings for July

Date	Old Testament	New Testament	Gospel
Sunday, July 2 5th Sunday after Pentecost	Genesis 22:1-14 Psalm 13	Romans 6:12-23	Matthew 10:40-42
Sunday, July 9 6th Sunday after Pentecost	Genesis 24:34-38, 42-49, 58-67 Psalm 45:10-17 <i>or</i> Song of Solomon 2:8-13	Romans 7:15-25a	Matthew 11:16-19, 25-30
Sunday, July 16 7th Sunday after Pentecost	Genesis 25:19-34 Psalm 119:105-112	Romans 8:1-11	Matthew 13:1-9, 18-23
Sunday, July 23 8th Sunday after Pentecost	Genesis 28:10-19a Psalm 139:1-12, 23-24	Romans 8:12-25	Matthew 13:24-30, 36-43
Sunday, July 30 9th Sunday after Pentecost	Genesis 29:15-28 Psalm 105:1-11, 45b <i>or</i> Psalm 128	Romans 8:26-39	Matthew 13:31-33, 44-52



Today

*This is the day that the Lord has made;
let us rejoice and be glad in it.*

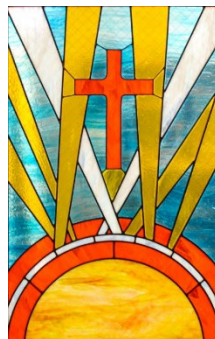
Psalm 118:24

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00 am Men's Bible Study @ Bishop's on Sunset 3:00 pm Exercise with Rev. Ralph	2 12:00 Al-Anon Meeting Noon	3
4 Soup Kitchen Sunday 9:00 am Prayer Service with Communion 9:15 am Adult Education 10:30 am Communion Worship 11:45 am Fellowship 12:00 Noon Worship Committee Meeting	5 1:00 pm Shawl Ministry 3:00 pm Weekly Class with Rev. Dolores – The 26 Healing Miracles of Jesus	6 11:00 am Women's Bible Study @Desert Vista Room of the Legacy Village 3:00 pm Exercise with Rev. Ralph 6:30 pm Grief & Loss Support Group	7 11:00 am Women's Bible Study @ Barnes & Noble Cafe	8 11:00 am Men's Bible Study @ Bishop's on Sunset 3:00 pm Exercise with Rev. Ralph	9 12:00 Al-Anon Meeting Noon	10
11 40th Anniversary of Rev. Ralph's Ordination 9:00 am Prayer Service with Communion 9:15 am Adult Education 10:30 am Worship 11:45 am Fellowship 12:00 Noon Session Meeting	12 1:00 pm Shawl Ministry 3:00 pm Weekly Class with Rev. Dolores – The 26 Healing Miracles of Jesus	13 11:00 am Women's Bible Study @Desert Vista Room of the Legacy Village 3:00 pm Exercise with Rev. Ralph	14 11:00 am Women's Bible Study @ Barnes & Noble Cafe	15 11:00 am Men's Bible Study @ Bishop's on Sunset 1:15 pm Growth & Care Committee Meeting 3:00 pm Exercise with Rev. Ralph	16 12:00 Al-Anon Meeting Noon	17
18 Father's Day 9:00 am Prayer Service with Communion 9:15 am Adult Education 10:30 am Worship 11:45 am Fellowship 11:45 am Blood Pressures Taken	19 1:00 pm Shawl Ministry 3:00 pm Weekly Class with Rev. Dolores – The 26 Healing Miracles of Jesus	20 11:00 am Women's Bible Study @Desert Vista Room of the Legacy Village 3:00 pm Exercise with Rev. Ralph 3:30 pm Stephen Ministry Supervision Group Meeting 6:30 pm Grief & Loss Support Group	21 11:00 am Women's Bible Study @ Barnes & Noble Cafe	22 11:00 am Men's Bible Study @ Bishop's on Sunset 3:00 pm Exercise with Rev. Ralph	23 Newsletter Deadline 12:00 Al-Anon Meeting Noon	24
25 9:00 am Prayer Service with Communion 9:15 am Adult Education 10:30 am Worship 11:45 am Fellowship	26 1:00 pm Shawl Ministry 3:00 pm Weekly Class with Rev. Dolores – The 26 Healing Miracles of Jesus	27 9:30 am Calendar Coordinating Council Meeting 11:00 am Women's Bible Study @Desert Vista Room of the Legacy Village 3:00 pm Exercise with Rev. Ralph	28 11:00 am Women's Bible Study @ Barnes & Noble Cafe	29 11:00 am Men's Bible Study @ Bishop's on Sunset 12:00 Noon Book Club Meeting 3:00 pm Exercise with Rev. Ralph	30 12:00 Al-Anon Meeting Noon	

PLEASE NOTE:

This calendar is subject to change. Always check the church website gspscsq.org for the latest information.



Regularly Scheduled Activities

Soup Kitchen Sunday – Contributions of food, supplies and cash – 1st Sunday of each Month
Women's Bible Study and Fellowship – last Monday of each month at 11:30 am in Conklin Hall
Al-Anon Meeting – Friday at 12:00 Noon in the CE Building

Shawl Ministry	Monday	1:00 pm to 3:00 pm	Conklin Hall
Exercise with Rev. Ralph	Tuesday	3:00 pm to 3:30 pm	Conklin Hall
	Thursday	3:00 pm to 3:30 pm	Conklin Hall
Men's Bible Study	Thursday	11:00 am to 12:00 Noon	Bishop's Grill on Sunset
Women's Bible Studies	Tuesday	11:00 am to 12:00 Noon	Desert Vista Room of the Legacy Village
	Wednesday	11:00 am to 12:00 Noon	Barnes & Noble Cafe
Choir Rehearsals	Thursday	3:45 pm Chancel Choir	On Summer Break – Resumes in August On Summer Break – Resumes in September
	Saturday	11:30 am Bell Choir	

Thanks to those who provide our flowers for worship

June

June 4	<i>Available</i>
June 11	Shirley Taylor
June 18	<i>Available</i>
June 25	<i>Available</i>

July

July 2	Shirley Taylor
July 9	Chris Schleiter
July 16	<i>Available</i>
July 23	<i>Available</i>
July 30	<i>Available</i>

Sign up for Flowers on the board between the Narthex and Conklin Hall or on our website gspscsq.org

Church Contact Information

Office Hours	Wed. & Fri. 9:00 am - 1:00 pm
Office Phone/Fax	435-628-9158
Office Email	office@gspscsq.org
Pastor's Office Hours	Mon to Thu – 9:15 am – 10:30 am 1:00 pm – 3:00 pm 2 nd & 4 th Weeks by Afternoon Appointment Only
Pastor's Cell	435-705-1867
Pastor's Email	pastor@gspscsq.org
Prayer Chain	Rev. Dolores Wiens 630-890-8343
Music Director	Barbara McConnell
Website	gspscsq.org
Newsletter email	newsletter@gspscsq.org
Website / Newsletter Editor	Chris Schleiter
Information on Stephen Ministry	www.stephenministries.org

Church Leadership 2023

Session

Class of 2023	Alicia Kitzman	435-272-4614	Growth & Care
	Deanna Flores	407-488-5460	Christian Ed
Class of 2024	Ruth Ann Horvath	435-922-5271	Clerk of Session
	Mary Contreras	435-229-8753	Fellowship
	Chris Schleiter	435-619-2843	Mission/Outreach
Class of 2025	Leslie Lintz	412-403-9980	Stewardship
	Ruthanne Skinner	541-510-5660	Worship
	Tom Contreras	530-440-8484	Building/Grounds

Deacons

Parish	Deacon	Phone
Deacons	Peggy Graber Moderator	801-541-7444
Bloomington	Candy Hurlbut	435-879-9394
Bloomington Hills	John Graber	801-608-4158
Hurricane	Sue Lundgreen	778-368-3054
Quail Creek	Marilyn Conklin	928-460-0608
Red Cliffs	Ann McLuckie	435-680-1062
Santa Clara/Ivins	Jesse Henderson	404-859-3408
	Melissa Henderson	404-859-2128
Sun River	Mona Johnson	408-799-7166
Washington	Ka-Wai Yu	812-340-2184



Scan this QR code on your Smartphone or Tablet to visit our website.

An electronic version of this newsletter is available on our website.

Good Shepherd Presbyterian Church
611 N 2450 E
PO Box 1499
Saint George UT 84771-1499

Address Service Requested

NON-PROFIT ORG.
US POSTAGE PAID
ST. GEORGE, UT
PERMIT NO. 675

If you are not a member of the church and no longer wish to receive our newsletter, please let us know by emailing newsletter@gspcsg.org and we will remove you from our mailing list. Thank you.

The newsletter is also available on our website gspcsg.org