



Good Shepherd Presbyterian Church

A Stephen Ministry Congregation
A Member of the Virgin River Presbyterian Fellowship
Serving Southern Utah since 1988

Partner Congregation to the Evangelical Baptist Church of Dorogobuzh, Russia



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May 2024

Volume 19, Issue 5

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Church Staff

Rev. Dr. Ralph Clingan
Pastor

Ruth Ann Horvath
Clerk of Session

Mary Contreras
Church Secretary

Barbara McConnell
Music Director

Stephen Talley
Organist

Rev. Dolores Wiens
Strand of Pearls Prayer Chain

Chris Schleter
Website / Newsletter Editor

Pentecost is Coming – Get Your Red On!

One of the many important dates on the church calendar is coming up in May. On June 19th, we will celebrate Pentecost, the birthday of the Church.

If you go back and read the Old Testament, you will discover that Pentecost was one of the Jewish feast days. Only they didn't call it Pentecost. That's the Greek name. The Jews called it the Feast of Harvest or the Feast of Weeks. It is mentioned in five places in the first five books—in Exodus 23, Exodus 24, Leviticus 16, Numbers 28, and Deuteronomy 16. It was the celebration of the beginning of the early weeks of harvest. In Palestine there were two harvests each year. The early harvest came during May and June, and the final harvest came in the Fall. Pentecost was the celebration of the beginning of the early wheat harvest, which meant that Pentecost always fell sometime during the middle of May or sometimes in early June.

There were several festivals, celebrations, or observances that took place before Pentecost. There was Passover, there was Unleavened Bread, and there was the Feast of Firstfruits. The Feast of Firstfruits was the celebration of the beginning of the barley harvest. Here's the way you figured out the date of Pentecost. According to the Old Testament, you would go to the day of the celebration of Firstfruits; and beginning with that day, you would count off 50 days. The 50th day would be the Day of Pentecost. So, Firstfruits is the beginning of the barley harvest, and Pentecost is the celebration of the beginning of the wheat harvest. Since it was always 50 days after Firstfruits and, since 50 days equals seven weeks, it always came a "week of weeks" later. Therefore, they either called it the Feast of Harvest or the Feast of Weeks.

Pentecost is from the Greek word "Pentekostos", which means "fifty". Traditionally, the Church celebrated it as Whitsun – "White Sunday". It's believed that this is because it was a day for baptisms, and those being baptized would wear white. Another explanation is that it derives from the Anglo-Saxon word 'wit', which we still use for verbal cleverness, but which meant 'understanding.' Pentecost was when God poured out the wisdom of the Spirit. Hence, Pentecost is considered the day of the church's birth.

So why do we wear red for Pentecost? It symbolizes joy and the fire of the Holy Spirit. Priests, ministers, and choirs wear red vestments. In modern times the custom has extended to the lay people of the congregation wearing red clothing in celebration as well.

On May 5th, 12th and 19th, we will collect monies for the annual Pentecost Offering. A gift to the Pentecost Offering helps the church encourage, develop, and support its young people, and address the needs of at-risk children. Forty percent of the Pentecost offering is kept by Good Shepherd and used to impact in the lives of young people within our community. The remaining sixty percent is used to support ministries of the Presbyterian Mission Agency. Please prayerfully consider supporting our youth through your donations.

So put on your red blazer (you do still have your red blazer, don't you), a red tie, a red scarf, or something else red and join us in church on Sunday, May 19th as we celebrate the birth of the church.

Prayer Concerns

"Whatever you ask in my name, this I will do, that the Father may be glorified in the Son. If you ask me anything in my name, I will do it" John 14:13-14

- Barbara Schultzman Candy & Russ Hurlbut
- John & Peggy Graber Cathy Overkamp
- Gloria & Chuck McGilloway Russell & Luisa Estlack
- Cheryl Mansfield Rev. Dolores Wiens
- Arlene Prinselaar Roger Clark
- Sue Lundgreen Donna Baker
- Tom & Mary Contreras & Colton
- The Family of John Whitton
- The People of Ukraine and Russia & the Middle East
- Oasis of Blessing Prayer Group
- Our partner congregation in Dorogobuzh, Russia
- Those Serving Our Country

Welcome New Members

If you are interested in joining our fellowship, please see Rev. Ralph or Session Clerk Ruth Ann Horvath

June Newsletter Deadline May 23, 2024

Worship Schedule

- 8:45 – 9:00 am
Morning Prayer and Communion
Sanctuary
- 9:00 – 9:45 am
Adult Education
CE Building
- 10:30 am
Children's Sunday School
CE Building
- 10:30 am
Worship
Sanctuary
- 11:45 am
Fellowship Time
Conklin Hall

Ruling Elders Monthly Scriptures

Each month at our stated Session meetings, our Minister of Word and Sacrament and Ruling Elders are invited to share any scripture that has spoken to their hearts in the previous month as part of their report. Rev. Ralph encourages our congregation, as part of their prayer life for the congregation, our Session and Pastor, to review their selections and continue to uphold them and one another in prayer.

The scriptures for April were:

Rev. Ralph	Matt. 28:16-20	End of the Age
Elder Ruth Ann Horvath	2 Timothy 2:11-13	He Remains Faithful
Elder Chris Schleiter	Matthew 6:34	Do not worry
Elder Alicia Kitzman	Romans 5:3-5	Hope
Elder Mary Contreras	Isaiah 41:10	Do not fear
Elder Tom Contreras	Ecclesiastes 3:1-8	Season
Elder Ruthanne Skinner	John 15:12-13	Love One Another
Elder Ray Snipes	Matthew 25:40	Whatever you did
Rev. Ralph	Matt. 28:16-20	End of the Age

2024 PLEDGES

Goal
\$186,143
Received through 4/22
\$173,550 (93.2%)
Still Needed
\$12,593

We appreciate ALL donations. Pledges help us to plan for our expected income for the year.

BUILDING FUND

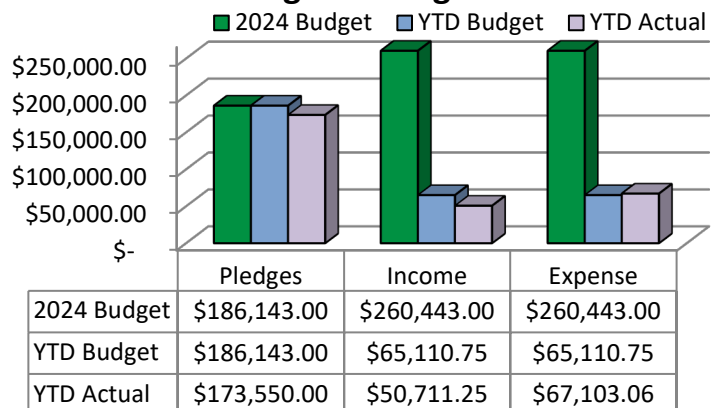
Goal
\$384,000
Received to Date
\$330,959
Still Needed
\$53,041

Your donations to the Building Fund allow us to maintain and enhance our facilities.

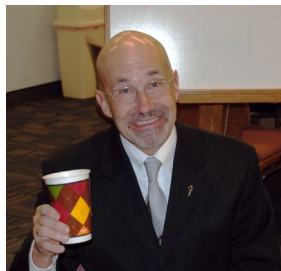
Treasurer's Report

General Fund as of March 31		
Month of March		
Receipts	\$	13,212.18
Expenditures	\$	22,777.34
March Net	\$	(9,565.16)
2024 YTD Budget vs. Actual		
Budgeted Receipts	\$	65,110.75
Actual Receipts	\$	50,711.25
Budgeted Expenditures	\$	65,110.75
Actual Expenditures	\$	67,103.06
YTD Net	\$	(16,391.81)
Fund Balances		
General Fund	\$	23,721.12
Building Fund	\$	57,259.28
Memorial Fund	\$	10,696.72
Requests	\$	65,520.63
Reserve Fund	\$	47,343.72
Arnolds Family Bequest	\$	209,727.46
Russia Mission Fund	\$	2,110.35

2024 Budget Through March 31



Rev. Ralph's Food for Thought



Live Into Hope is the theme of the 226th meeting of the General Assembly of the Presbyterian Church USA. That's us folks! All of our 133 Presbyteries from across the nation will be sending their commissioners to this, the highest governing body of our church. In fact, I am the Presbytery of Utah's Commissioner to this meeting. With advisory delegates and guests from around the world the General Assembly will meet for ten days to confer and debate but, most importantly, to seek to discern the will of Christ for the future of the Presbyterian Church USA. And guess what, they are meeting this June in Salt Lake City. Thus, the announcement from our Presbytery office that I share with you below:

GA 2026 is fewer than 75 days away.

From June 24 to July 4, we will welcome and host over 1,000 delegates from over all over the United States and the world. The Presbyterian world is coming to Utah and we want them to feel welcomed and appreciated.

There are opportunities to volunteer to greet and direct arriving delegates at the airport, help them ride TRAX downtown and get to their hotels near the Salt Palace, help host our opening reception Saturday evening June 29th, bring them to our local congregations for Sunday worship and a light lunch, welcome and direct attendees and visitors at the Salt Palace and finally help them return to the airport. To accomplish all of this, we expect to need over 125 volunteers each day.

We ask you to sign up for volunteer positions online at SignUp Genius:

<https://www.signupgenius.com/go/10C0B4CABAD28A7F4C34-47023343-general>

There will be two volunteer virtual orientation and training sessions, Wednesday June 12th at 7:30 pm and Saturday June 15th at 9:30 am. More information on these will follow once people have signed up.

There will also be opportunities to host volunteers in your homes, those from outside the Wasatch Front, from other parts of Utah, and the Synod of the Rocky Mountains. More information on this later.

Finally, we will be inviting GA commissioners from across the country to donate money or certain items for local charitable programs. This donation opportunity will also be available to our local Presbyterians. We will share this in another email.

*In Christ
Rev. Ralph*

**** Home Communion ****

If you have difficulty getting to worship and would like to have the Pastor serve you the Lord's Supper at home, please call the church office (435-628-9158).

**** Pastor's Note Regarding Hospital Visitation ****

With the federal laws that govern the privacy of medical records, hospitals no longer can give out any information about patients to visitors, including clergy. Unless a visitor requests a specific name, the hospital desk is not allowed to give out any information, including religious affiliation.

If you or a family member is hospitalized, please alert the Pastor, your Deacon or the church office. Otherwise, we will not be informed of your presence in the hospital and will be unable to assist or offer pastoral care.

Prayer Corner



Walking the Labyrinth

Prayer takes many forms. For many of us, the prayer we practice most is Intercession; we pray for one another and for those we love. Intercession is essential to our spiritual life as commanded in scripture. However, opening oneself to new ways to pray will deepen our spiritual lives and enhance our relationship with the Lord.

Deacon Jessie Henderson and his Boy Scout Troup have created a Labyrinth on the South Side of the church between the parking lot and the Memorial Garden. Thanks to their gift, we have a new way to commune with our Lord and deepen our spiritual lives by "Walking the Labyrinth!"

What is a Labyrinth and How Do You Walk it?

Walking a labyrinth is a profound and ancient practice that invites individuals into a space of deep contemplation and meditation. Labyrinths have served as tools for spiritual exploration and connection for centuries, offering seekers a sacred path for prayer, reflection, and inner journeying.

Before embarking on the labyrinth walk, it's essential to prepare oneself mentally and spiritually. This involves taking a moment to center oneself, perhaps through deep breathing or meditation, and setting clear intentions for the walk. These intentions could range from seeking guidance and clarity to simply fostering a deeper connection with the divine.

Approaching the labyrinth with reverence is crucial. It's a time to disconnect from external distractions, such as phones or other devices, and cultivate an attitude of openness and respect for the sacred space ahead.

As one steps onto the labyrinth path, there's an opportunity to pause and take a moment to breathe deeply, anchoring oneself in the present moment. Some may choose to offer a prayer or invocation, setting the tone for the journey ahead.

Unlike a maze, where one seeks to find the way out, there is no "right" or "wrong" way to walk a labyrinth. Each person is encouraged to trust their intuition and walk at their own pace, allowing the journey to unfold organically. Whether one chooses to move slowly and deliberately or at a quicker pace, the labyrinth's path will eventually lead to the center.

Upon reaching the center, it's important to take time for reflection, prayer, or meditation. The center of the labyrinth is a sacred space, offering an opportunity for deep introspection and communion with the divine. Here, individuals may choose to engage in silent contemplation, journaling, or offering prayers of gratitude or supplication.

Exiting the labyrinth is a continuation of the journey, following the same path back out. It's a time to remain present in the moment, trusting the process and allowing any insights or feelings that arose during the walk to settle and integrate.

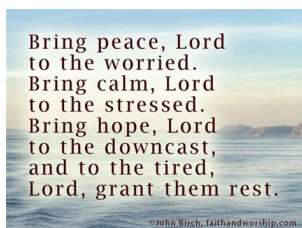
Once outside the labyrinth, it's customary to take a moment to give thanks for the experience and reflect on any insights gained. The walk serves as a powerful reminder of the interconnectedness of all things and offers valuable lessons that can be applied to daily life. You may find it useful to journal your experience.

Finally, integrating the experience into daily life is essential. This involves reflecting on how the insights and feelings from the labyrinth walk can be carried forward into relationships, work, and spiritual practice, enriching one's overall journey.

In essence, walking a labyrinth is a deeply personal and transformative experience, inviting individuals to trust their intuition, embrace the journey, and connect with the sacredness within and around them.

Feel free to text me with any questions you might have.

Rev. Dolores



Buildings & Grounds



You may have noticed a round circle of rock next to the Memorial Garden. Thanks to Jesse Henderson and the Boy Scouts, Good Shepherd has fulfilled a dream of Rev. Ralph's to have a labyrinth.

Rev. Dolores, in her column on the previous page, explains exactly what a labyrinth is and how to use it.

We hope that you will take advantage of this wonderful addition to our grounds and will find peace and spiritual fulfillment in its many paths.

Tom Contreras

Christian Education

Our classes and Bible studies continue as they always do. Please check the church website Activity Calendar for a listing and times of all Christian education classes for the month.

Our Sunday education programs continue. Adult Sunday School is exploring the Spring curriculum from *The Present Word* series, "Examining Our Faith." Ruth Ann Horvath leads discussions exploring the fullness of faith as a response to God's desire to be in relationship with us. Children's Sunday School meets each week in the CE Building as lessons continue about women of the New Testament.

Our Monthly Women's Bible Study continues the series titled *Sacred Encounters: The Power and Presence of Jesus Christ in Luke - Acts*. Discover a message that is radical, inclusive, and hope filled.

Our Tuesday and Wednesday Women's Bible studies and our Thursday Men's Bible Study will meet as usual.

Let us continue to learn and grow in Him.

Congregational Growth & Care

Our speaker for our April 3rd Lunch and Learn program, Katie Woods, is a St George native and Lawyer specializing in Elder Care Services, Estate Planning and Guardianship. As we had learned during Katie's two previous visits to Good Shepherd, she is more than qualified to help us unlock the mysteries about which end-of-life documents are necessary for proper and legal Estate Planning.

As Katie emphasized, because we never know when an accident or tragedy might befall us, it is important to have legal documents in place which we have created and which reflect, without question, our personal wishes.

Important to have in place are an Advance Health Care Directive, through which we name someone as our Agent with the power to make health care decisions if we are unable, a Living Will, which indicates our wishes about care measures to be undertaken and a POLST or Provider Order for Life-Sustaining Treatment document, which is a medical order

Congregational Growth & Care, continued

containing our DNR wishes. The POLST does not replace, but serves as an important companion document to the Advance Directive. The Utah Advance Health Care Directive, which includes a Living Will, can be created without need for a Notary but the POLST must be completed by a medical professional. All three documents may be accessed online at no charge and once created, are active only while we are alive . A copy of each should be kept available in your home and should be conveyed to your medical provider and local hospital so there will be no uncertainty about your wishes in case of emergency.

Other important legal documents to have on record which convey your personal wishes are:

1. Attorney-in-Fact (POA) - A person with whom you share a basic philosophy of life and mutual respect and to whom you grant permission to act on your behalf in consideration of your best interests to make critical personal property and financial decisions for you in the event you are unable to act for yourself.
- Will or Trust - A document which, upon the event of your passing, stipulates unequivocally, YOUR wishes and directives about distribution of personal property. Funds or property undesignated by the tenants of a Will become property of the State of Utah.

Because our thoughts about inheritance or assignment of property may change or a state may alter its Health Directives forms, it is advised that we review our documents once a year. Once created, Estate Planning documents from other states are most likely valid but to avoid any opportunity for dispute, it is advisable to have updated forms in place which are provided and approved by one's current state of residence.

In summary, Katie said that the job of Estate Planning is to help us Plan for a worst-case scenario while Hoping for the best.

An audio recording of her talk and a copy of the handout she provided defining the roles of various players involved in the creation of our end-of life documents may be found on the Church's website at gspcsg.org. Select Activities/Health and Wellness/Estate Planning.

Alicia Kitzman

Deacons

Your Deacons continue to offer their help and support whenever you need it. Please don't hesitate to get in touch when something comes up and could use our assistance.

John and I are your contacts for the Deacon Shed which is full of items you may need. We have walkers, crutches, wheelchairs, and raised toilet seats. If you need anything from the shed, please give us a call. My phone is 801-541-7444. John's is 801-608-4158.

Peggy Graber, Moderator

Fellowship

The Easter Season is over and summer is just around the corner. Thank you for taking part in our activities: Palm Sunday Brunch, Maundy Thursday Dinner, Good Friday Service and Easter. Thank you to all who came to Easter Brunch and for all your help. We served about 75 people. We even had to set up another table !!

Thank you to all who take part in Fellowship after church. It is so good to see you all visiting and getting to know each other better. Thank you for welcoming our visitors and making them feel at home. I've heard so many good comments about our congregation for being so friendly, caring, and welcoming to each other and to our visitors.

A special thanks to those who bring goodies to share and especially to those who help me clean up afterwards.

May 26,10:30 will be our Worship Service in the Park. It will be at 2450 East Park just down the street from the church.. A potluck picnic will follow the service.

Mary Contreras

Mission/Outreach

We hope you've been getting your spring cleaning done and have lots of shoes for our annual shoe drive. We will have a box in Conklin Hall for you to deposit "gently used" shoes that you no longer need or want. We'll start collecting shoes on April 29th and continue through June 2nd. All the shoes we collect will go to Soles4Souls. Their mission is to turn unwanted shoes and clothing into opportunity, by keeping them from going to waste and putting them to good use providing relief, creating jobs and empowering people to break the cycle of poverty. So, let's all get our spring cleaning done and let our unused and unwanted shoes be a force for good.

Donna Beasley is asking for washcloths and Ivory soap bars and, for little boys, size 1 soccer balls for Operation Christmas Child this month. Your support in our efforts is appreciated.

I'd also like to ask you to consider making a donation to the Pentecost offering. The forty percent of that offering that we keep for local use will go to one of our children's charities to aid them in helping the children in our area.

Our efforts truly are making a difference both here and in faraway places.

Chris Schleiter

Session News

Session held their monthly meeting on April 14th. The following actions were taken:

- Approved Rev. Clingan's request that Session transfer 10% of the Reynolds Bequest to Mission Committee Set-Aside Funding to be dispersed by the determination of the Mission Committee. This action fulfills the established policy that 10% of all bequests to the church be conveyed to Mission immediately upon receipt.

The next meeting of the Session will be Sunday, May 12th at 12:00 Noon in the CE Building.

Alicia Kitzman, Acting Clerk

Stewardship

Like most of you, I've heard the word Stewardship many times over many decades, so we have some concept of what it means. It usually involves giving to the church, and we generally associate it with giving money. But I was curious so I looked up the word. Stewardship is the act of being a steward. A steward is one who manages another's property and affairs; one who administers anything as an agent for another. So literally, stewardship is not about giving, it's about managing and administering for another. Which begs several questions.

First: What are we supposed to manage? And for whom? In the context of the church, the second answer is easy: God.

Second: What does God want us to manage and administer? We could start with what He has given us, which is everything: life, time, talents and gifts, resources, even love.

Third: How would He have us manage these gifts? What should we do with them? I think the best, ultimate, answer is Jesus, and the example he gave with the life he lived. What did he give? Everything.

We are short of our goal for pledges to meet the church's expenses for this year. We are paying our Per Capita expense to Presbytery and we ask that everyone contribute their \$42.35 to cover this expense. Every month we need ushers to smile and greet members and visitors to our worship service. And there are other ways to give from the incredible bounty God has given us. Please pray about your gifts and your stewardship of God's generosity.

Ray Snipes

Worship & Music

We have a new Greeter for Sunday Worship, Wayne Torok, and we thank him for his participation in Sunday Worship.

Thanks to all who serve as Ushers and an invitation to those who may sign up for the first time!

Ruthanne Skinner



Lectionary Readings for May

Date	Old Testament	New Testament	Gospel
Sunday, May 5 Sixth Sunday of Easter	Acts 10:44-48 Psalm 98	1 John 5:1-6	John 15:9-17
Thursday, May 9 Ascension of the Lord	Acts 1:1-11 Psalm 47 <i>or</i> Psalm 93	Ephesians 1:15-23	Luke 24:44-53
Sunday, May 12 Seventh Sunday of Easter	Acts 1:15-17, 21-26 Psalm 1	1 John 5:9-13	John 17:6-19
Sunday, May 19 Day of Pentecost	Acts 2:1-21 <i>or</i> Ezekiel 37:1-14 Psalm 104:24-34, 35b	Romans 8:22-27 <i>or</i> Acts 2:1-21	John 15:26-27; 16:4b-15
Sunday, May 26 Trinity Sunday	Isaiah 6:1-8 Psalm 29	Romans 8:12-17	John 3:1-17

Lectionary Readings for June

Date	Old Testament	New Testament	Gospel
Sunday, June 2 Second Sunday after Pentecost	1 Samuel 3:1-10 11-20 Psalm 139:1-6 13-18	2 Corinthians 4:5-12	Mark 2:23-3:6
Sunday, June 9 Third Sunday after Pentecost	1 Samuel 8:4-11 (12-15) 16-20 (11:14-15) Psalm 138	2 Corinthians 4:13-5:1	Mark 3:20-35
Sunday, June 16 Fourth Sunday after Pentecost	1 Samuel 15:34-16:13 Psalm 20	2 Corinthians 5:6-10 (11-13) 14-17	Mark 4:26-34
Sunday, June 23 Fifth Sunday after Pentecost	1 Samuel 17:(1a, 4-11, 19-23), 32-49 Psalm 9:9-20 <i>or</i> 1 Samuel 17:57-18:5, 10-16 Psalm 133	2 Corinthians 6:1-13	Mark 4:35-41
Sunday, June 30 Sixth Sunday after Pentecost	2 Samuel 1:1, 17-27 Psalm 130	2 Corinthians 8:7-15	Mark 5:21-43

Congregation News

Sad News

We are saddened to hear of the passing of John Whitton. John was an active member of our congregation and will truly be missed. Our condolences go out to Kathryn and the family.



May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 National Day of Prayer	3	4
			11:00 Women's Bible Study am @ Starbucks Cafe - Barnes & Noble	11:00 Men's Bible Study @ am Bishop's on Sunset 3:00 Exercise with Rev. pm Ralph	12:00 Al-Anon Meeting Noon	
5 Solomon's Porch Sunday	6	7	8	9	10	11
8:45 Prayer Service with am Communion 9:00 Adult Education am 10:30 Communion am Worship 10:30 Children's Sunday am School & Nursery 11:45 Fellowship am	1:00 Shawl Ministry pm	11:00 Women's Bible Study am @ Desert Vista Room of the Legacy Village 3:00 Exercise with Rev. pm Ralph 6:30 Grief & Loss pm Support Group	11:00 Women's Bible am Study @ Starbucks Cafe - Barnes & Noble	11:00 Men's Bible Study @ am Bishop's on Sunset 3:00 Exercise with Rev. pm Ralph	12:00 Al-Anon Meeting Noon 7:00 Chamber Singers pm Concert - Sanctuary	7:00 Cello Society of pm Southern Utah Concert - Sanctuary
12 Mother's Day	13	14	15	16	17	18
8:45 Prayer Service with am Communion 9:00 Adult Education am 10:30 Worship am 10:30 Children's Sunday am School & Nursery 11:45 Fellowship am 12:00 Session Meeting Noon	1:00 Shawl Ministry pm 3:00 Oasis of Blessing pm Prayer Group - Chapel	11:00 Women's Bible Study am @ Desert Vista Room of the Legacy Village 3:00 Exercise with Rev. pm Ralph	9:30 Stephen Ministry am Supervision Group Meeting 11:00 Women's Bible Study am @ Starbucks Cafe - Barnes & Noble	11:00 Men's Bible Study @ am Bishop's on Sunset 3:00 Exercise with Rev. pm Ralph	12:00 Al-Anon Meeting Noon	
19 Day of Pentecost	20	21	22	23 Newsletter Deadline	24	25
8:45 Prayer Service with am Communion 9:00 Adult Education am 10:30 Worship - Wear am Red 10:30 Children's Sunday am School & Nursery 11:45 Fellowship am 11:45 Blood Pressures am Taken	11:30 Women's Bible am Study & Fellowship 1:00 Shawl Ministry pm	11:00 Women's Bible Study am @ Desert Vista Room of the Legacy Village 3:00 Exercise with Rev. pm Ralph 6:30 Grief & Loss pm Support Group	11:00 Women's Bible Study am @ Starbucks Cafe - Barnes & Noble	11:00 Men's Bible Study @ am Bishop's on Sunset 3:00 Exercise with Rev. pm Ralph	12:00 Al-Anon Meeting Noon	
26	27 Memorial Day	28	29	30	31	
8:45 Prayer Service with am Communion 9:00 Adult Education am 10:30 Worship in the am Park @ 2450 E Park 10:30 Children's Sunday am School & Nursery 11:45 Picnic in the Park am - 2450 E Park	1:00 Shawl Ministry pm 3:00 Oasis of Blessing pm Prayer Group - Chapel	9:30 Calendar am Coordinating Council Meeting 11:00 Women's Bible Study am @ Desert Vista Room of the Legacy Village 3:00 Exercise with Rev. pm Ralph	11:00 Women's Bible Study am @ Starbucks Cafe - Barnes & Noble	11:00 Men's Bible Study am @ Bishop's on Sunset 12:00 Book Club @ CE Noon Building 3:00 Exercise with Rev. pm Ralph	12:00 Al-Anon Meeting Noon	

PLEASE NOTE:

This calendar is subject to change. Always check the church website gspcsg.org for the latest information.



A Little Church Humor

God vs Satan

(from Jacque Moore)

In the beginning, God covered the earth with broccoli, cauliflower and spinach, combined with an abundance of green, yellow and red vegetables. He did this so that Man and Woman would live long and healthy lives.

Then, using God's bountiful gifts, Satan created Cool Whip and Ice Cream. Satan said, "You want hot fudge with that?" and Man said "Yes!" and Woman said, "I'll have one too...with sprinkles". And Lo and behold, they gained 10 pounds.

So God created the healthful yogurt that Woman might keep the figure that Man found so fair. Satan brought forth white flour from the wheat and sugar from the cane and combined them. Woman then added another size to her girth.

So God said, "Try my fresh green garden salad". Satan then presented crumbled blue cheese dressing and garlic toast on the side. And Man and Woman unfastened their belts following the repast.

God then said, "I have sent you heart-healthy vegetables and olive oil in which to cook them. Satan brought forth deep-fried squid rings, butter-dipped lobster chunks, and fried chicken so big it needed its own platter and Man's cholesterol sharply increased.

Then God brought forth the potato, naturally low in fat and brimming with potassium and good nutrition. Then Satan peeled off the healthful skin, sliced the starchy center into sticks and deep-fried them in animal fats adding copious quantities of salt, and man packed on more pounds.

God then brought forth running shoes so that his children might lose those extra pounds. Satan introduced cable TV with remote control so Man would not have to toil changing the channels. Man and Woman laughed and cried before the flickering light and started wearing stretchy Lycra jogging suits.

God then gave lean beef so that Man might consume fewer calories and still satisfy his appetite. Satan created McDonald's and the 99-cent double cheeseburger. Then Satan said, "You want fries with that?" And Man replied, "Yes! and super-size them!" And Satan said, "It is good". Then Man and Woman went into cardiac arrest.

God sighed...and created quadruple by-pass surgery. Satan chuckled and created health insurance plans, and so it goes...



Regularly Scheduled Activities

Solomon's Porch Sunday – Contributions of food, supplies and cash for Solomon's Porth – 1st Sunday of each Month
Women's Bible Study and Fellowship – last Monday of each month at 11:30 am in Conklin Hall
Al-Anon Meeting – Friday at 12:00 Noon in the CE Building

Shawl Ministry	Monday	1:00 pm to 3:00 pm	Conklin Hall
Exercise with Rev. Ralph	Tuesday	3:00 pm to 3:30 pm	Conklin Hall
	Thursday	3:00 pm to 3:30 pm	Conklin Hall
Men's Bible Study	Thursday	11:00 am to 12:00 Noon	Bishop's Grill on Sunset
Women's Bible Studies	Tuesday	11:00 am to 12:00 Noon	Desert Vista Room of the Legacy Village
	Wednesday	11:00 am to 12:00 Noon	Barnes & Noble Cafe
Choir Practices	Thursday	3:45 pm Chancel Choir	Sanctuary
	Saturday	11:30 am Bell Choir	Sanctuary

Flowers

Thanks to those who provide our flowers for worship!

May

May 5	Shirley Taylor
May 12	<i>Available</i>
May 19	<i>Available</i>
May 26	Worship in the Park

June

June 2	<i>Available</i>
June 9	Shirley Taylor
June 16	John & Peggy Graber
June 23	<i>Available</i>
June 30	

Sign up for Flowers on the bulletin board between the Narthex and Conklin Hall or on our website gspcsq.org

Online Giving

Did you know that you can donate to the church using your credit card? All you need to do is visit our Online Giving page at Vanco.

-On your computer, visit <https://secure.myvanco.com/L-Z4DK/home>.

On your smartphone or tablet, **Scan this QR Code.**



On the giving page, click the button on the appropriate fund to set up a one-time or recurring donation, or to make a payment.

We thank you for your continued support!

Church Contact Information

Office Hours	Wed. 9:00 am - 1:00 pm
Office Phone/Fax	435-628-9158
Office Email	office@gspcsq.org
Pastor's Office Hours	Mon to Thu – 9:15 am – 10:30 am
	1:00 pm – 3:00 pm
	2 nd & 4 th Weeks by Afternoon Appointment Only
Pastor's Cell	435-705-1867
Pastor's Email	pastor@gspcsq.org
Prayer Chain	Rev. Dolores Wiens 630-890-8343
Music Director	Barbara McConnell
Website	gspcsq.org
Newsletter email	newsletter@gspcsq.org
Website / Newsletter Editor	Chris Schleter
Information on Stephen Ministry	www.stephenministries.org

Church Leadership 2024

Session

Class of 2024	Ruth Ann Horvath	435-922-5271	Clerk of Session
	Mary Contreras	435-229-8753	Fellowship
	Chris Schleter	435-619-2843	Mission/Outreach
Class of 2025	Ruthanne Skinner	541-510-5660	Christian Ed
	Tom Contreras	530-440-8484	Worship
			Building/Grounds
Class of 2026	Alicia Kitzman	435-272-4614	Growth & Care
	Ray Snipes	435-414-4286	Stewardship

Deacons

Parish	Deacon	Phone
Deacons	Peggy Graber Moderator	801-541-7444
Bloomington	Candy Hurlbut	435-879-9394
Bloomington Hills	John Graber	801-608-4158
Hurricane	Sue Lundgreen	778-368-3054
Quail Creek	Marilyn Conklin	928-460-0608
	Gordon Conklin	970-985-9392
Red Cliffs	Ann McLuckie	435-680-1062
Santa Clara/Ivins	Jesse Henderson	404-859-3408
	Melissa Henderson	404-859-2128
South St. George	Terri Morgan	801-641-8538
Sun River	Mona Johnson	408-799-7166
Washington	Marsha Besch	612-817-3605



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An electronic version of this newsletter is available on our website.

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The newsletter is also available on our website gspcsg.org